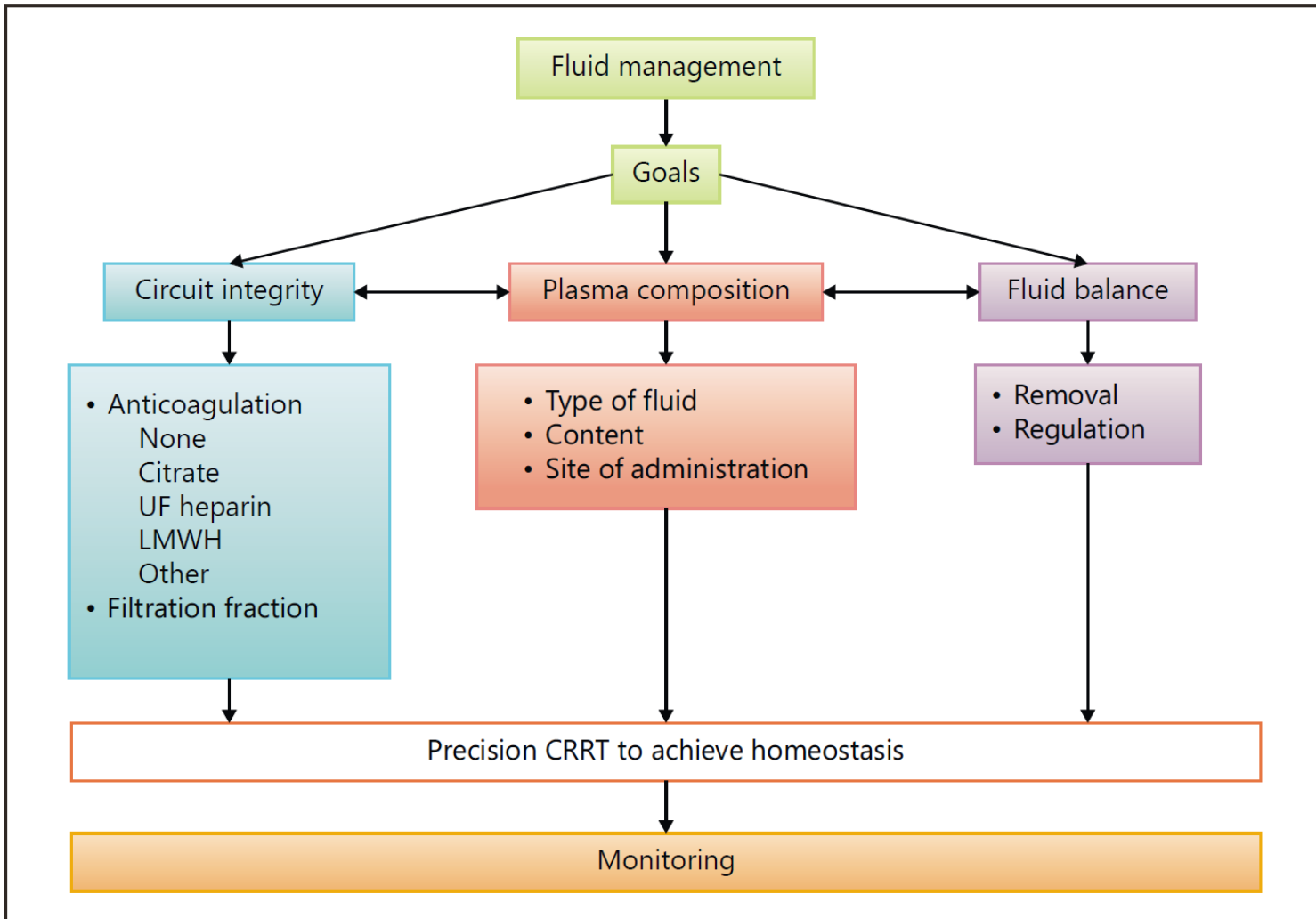


Fluid Management with CRRT



Ravindra L. Mehta MB,BS., MD., DM, FACP, FASN
University of California San Diego

Fluid Management with CRRT



Practical Issues with Fluid Management for CRRT

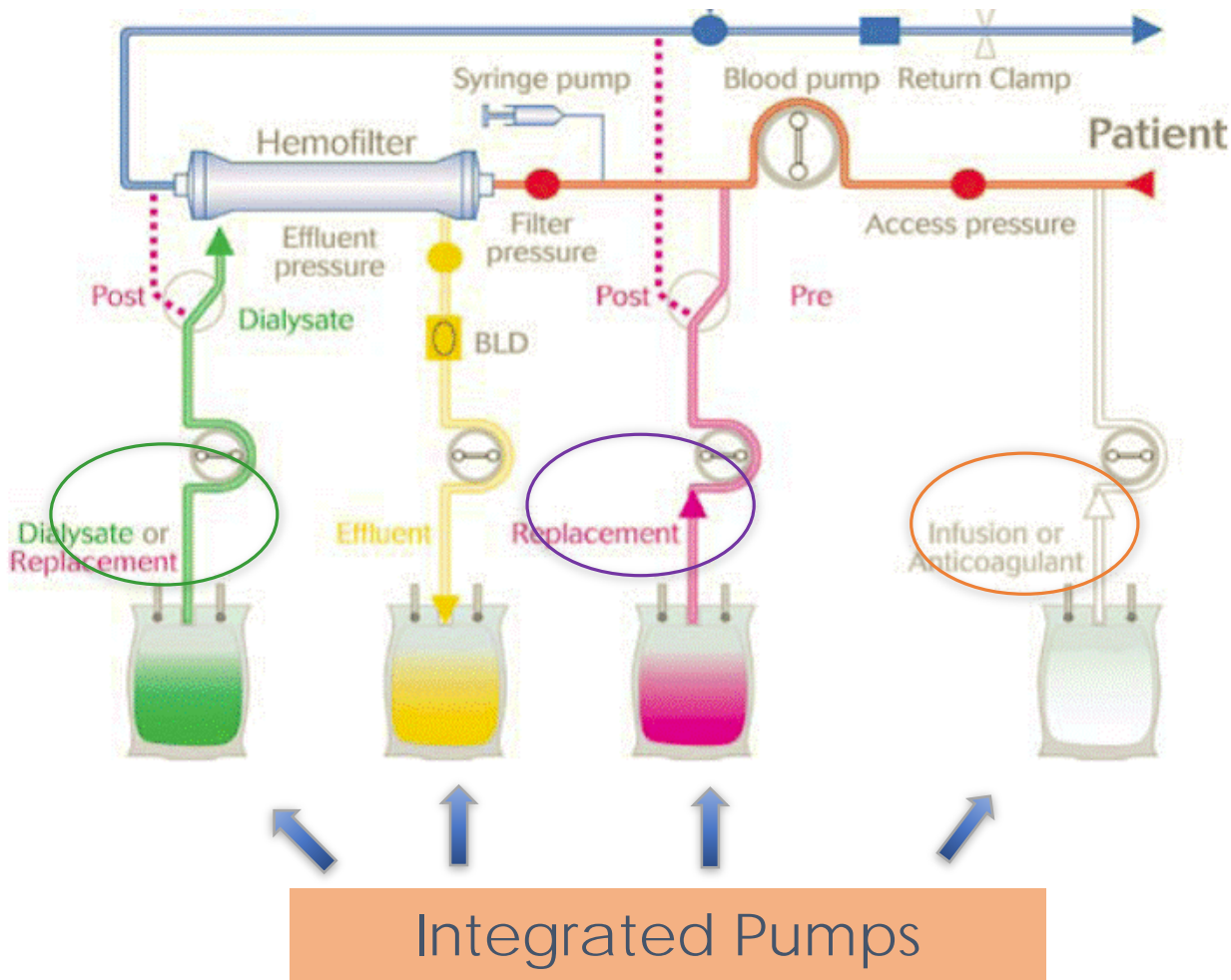
Maintaining the Circuit

Enabling solute clearances and achieving homeostasis

Volume control and balance with fluid regulation

Monitoring for and preventing complications

Hydraulic Circuit for PrismaFlex: Sites for Fluid Administration

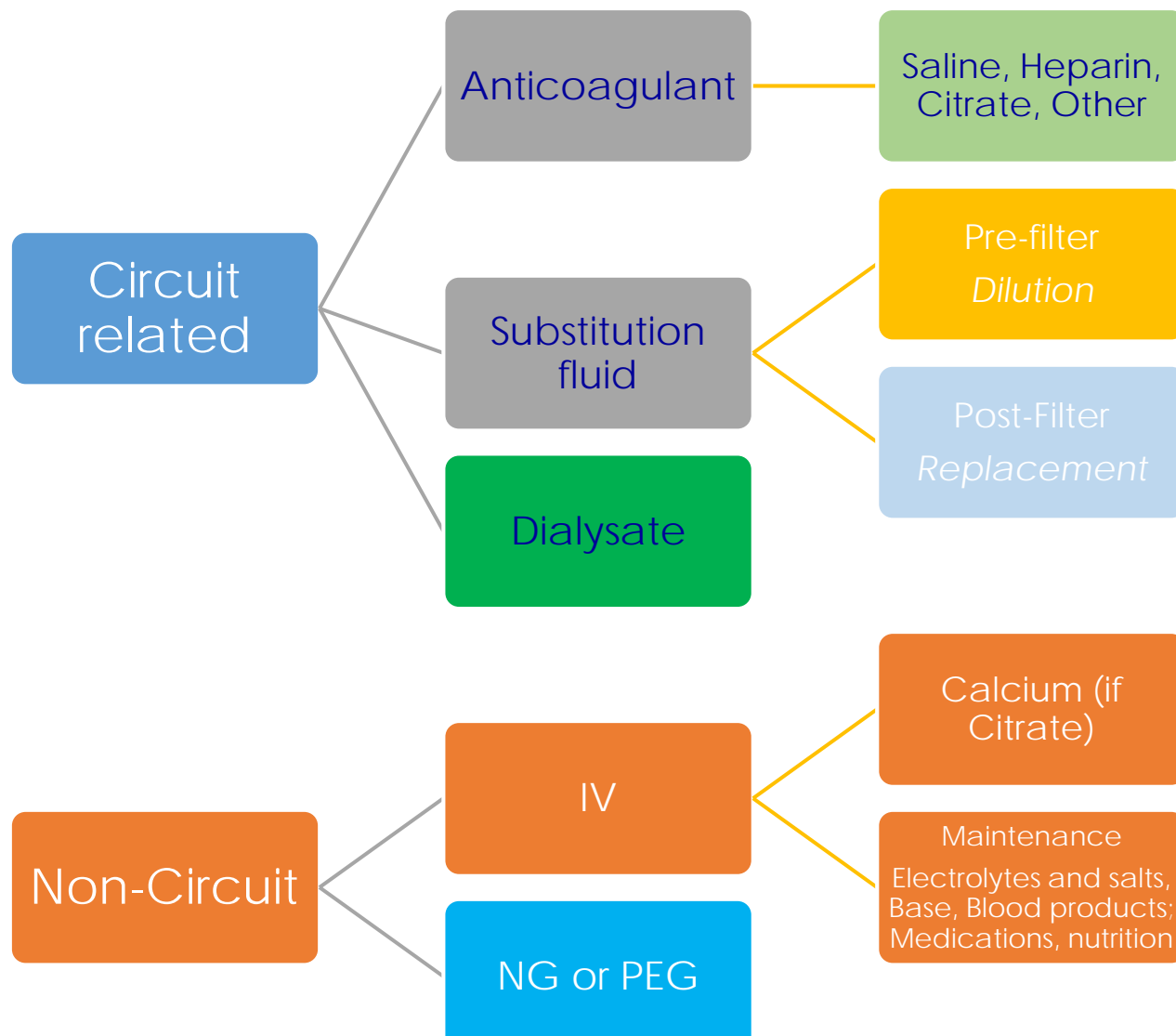


External Pumps

- Circuit related
- Non-Circuit



Fluid Delivery in CRRT



Amount and Composition of each of these fluids can be varied to achieve homeostasis

CRRT Circuit

Maintaining the CRRT circuit is crucial for delivering CRRT effectively

- Catheter
- Filter
- Lines

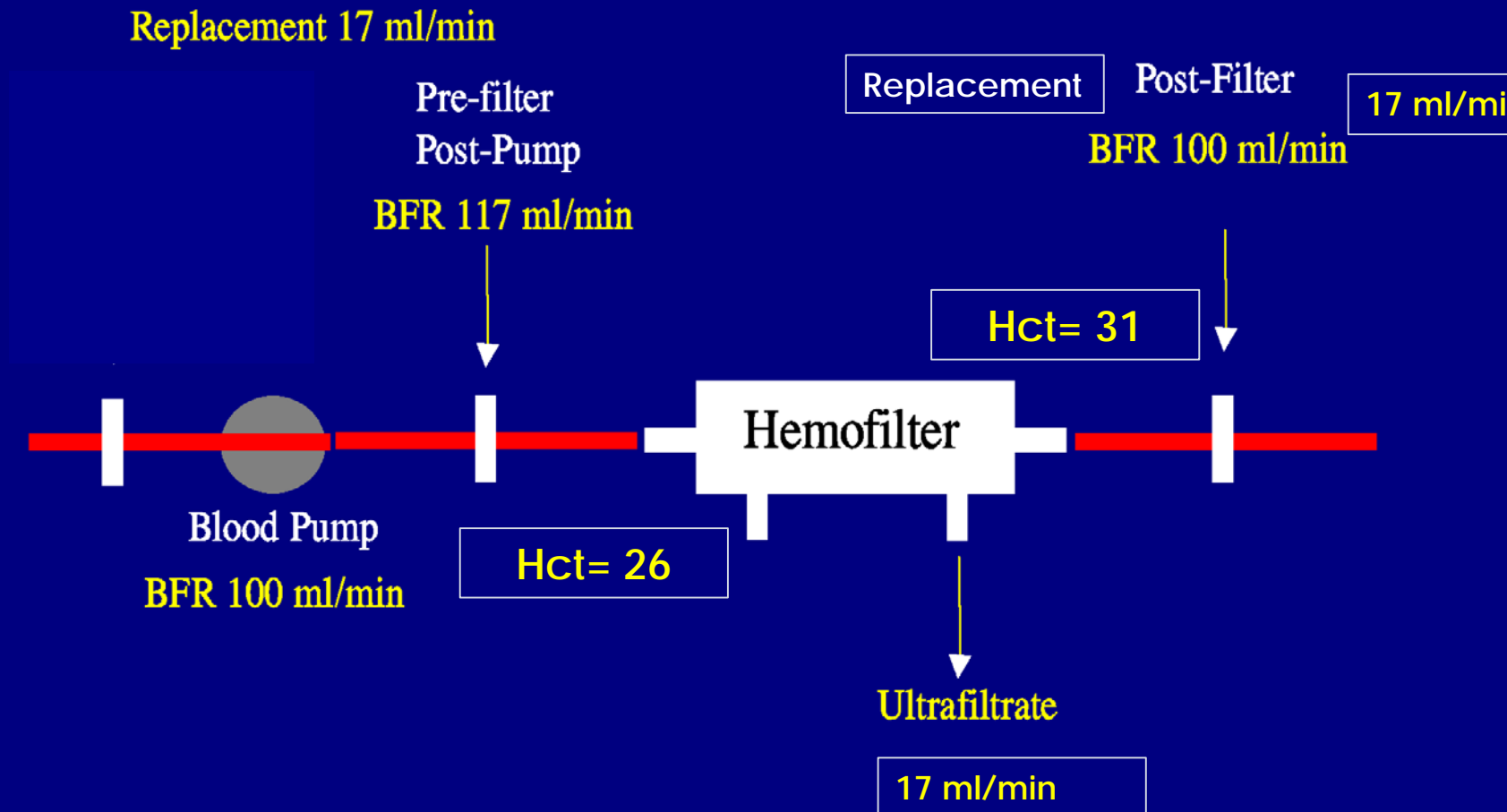
Interventions

- Anticoagulant (Saline, Heparin, Citrate, Other)
- Coated membranes
- Dilution

Fluid Management in Continuous Renal Replacement Therapy

Pre-Filter vs Post-Filter Replacement Fluid

Modality: CVVH with UFR 1L/hr



Pre-Dilution vs Post-Dilution CVVH

Filtration fraction (FF) = ultrafiltration rate/
plasma water flow rate

- FF values > 0.20 undesirable due to hemoconcentration-related effects on filter performance
 - major limitation of post-dilution CVVH
 - dependent on blood flow rate (Q_B) and hematocrit (Hct)

$$FF = \frac{\text{UF rate (ml/min)}}{\text{plasma flow rate (Q}_p\text{) (ml/min)}}$$

Table 3. Plasma flow and FF for different Q_Bs, UF rates and Hct

Hct, %	Q _B = 150 ml/min		Q _B = 200 ml/min	
	Q _P	FF	Q _P	FF
UF = 1,000 ml/h				
Hct = 25	112.5	0.15	150	0.11
Hct = 35	97.5	0.17	130	0.13
Hct = 40	90	0.19	120	0.14
UF = 2,000 ml/h				
Hct = 25	112.5	0.30	150	0.22
Hct = 35	97.5	0.34	130	0.26
Hct = 40	90	0.37	120	0.28
Q _P = Plasma flow rate in ml/min.				

$$FF = \frac{\text{UF rate (ml/min)}}{\text{plasma flow rate (Q}_p\text{) (ml/min)}}$$

Table 4. Advantages and disadvantages of pre- and post-filter substitution

Pre-filter	Post-filter
<p><i>Advantages</i></p> <p>UF rate is not limited by Q_B</p> <p>Enhanced elimination of urea from RBC's</p> <p>Filter life is increased as the Hct throughout the filter remains low</p> <p>Filter life is increased which may increase filter lifespan and solute clearance, even though hourly solute clearance is decreased</p> <p><i>Disadvantages</i></p> <p>Solute concentrations are decreased and thus clearance is decreased</p>	<p>Clearance of solutes is directly related to UF rate</p> <p>A higher solute clearance rate is produced</p> <p>Delivery of specified solutes and concentrations directly to the solution</p> <p>UF rate is limited by Q_B. You cannot order too much UF because the end-filter Hct will be too high</p> <p>Because UF rate is limited by FF you may not reach optimal dose</p> <p>Filter life may be decreased by high end-filter Hct</p>

RBC = Red blood cell. Adapted from Huang et al. [32].

Maintaining the Circuit: Summary

Select appropriate size catheter and position for individualized therapy

For Access requirements > 7 days consider tunnelled catheters

For CRRT, ***avoid high filtration fraction*** and consider pre-dilution to minimize concentration polarization and hemoconcentration

Select Anticoagulant based on expertise and available resources. Citrate has best results for circuit and filter integrity

For CRRT, ***adjust prescription for pre-dilution*** with either a FUN/BUN ratio or an empirical 15% particularly for CVVH

Practical Issues with CRRT

Maintaining the Circuit

Enabling solute clearances and achieving homeostasis

Volume control and balance with fluid regulation

Monitoring for and preventing complications

CRRT Operational Characteristics

CVVHDF

CVVHD

CVVH

Dialysate

Diffusive clearance

Ultrafiltrate

Convective Clearance

Clearance in
CRRT = SC
or equivalent
x effluent
volume (UF,
dialysate, UF
+ dialysate)
+ membrane
adsorption

Effluent

Sieving Coefficient = UF/Plasma concentration of solute
(1= freely permeable, 0+ not permeable).

**Dialyzer and blood clearance differ based on
solute and membrane characteristics**

Operational Characteristics of CRRT

Parameters	SCUF	CVVH	CVVHD	CVVHDF
Solute transport mechanism	Convection	Convection	Diffusion	Diffusion and convection
Blood flow rate (Q_b), mL/min	100-200	100-250	100-250	100-250
Dialysate flow rate (Q_d), mL/h ^a	0	0	1,000-2,000	1,000-2,000
Substitution fluid rate (Q_s), mL/h	0	1,000-2,000	0	1,000-2,000
Ultrafiltration rate (Q_{uf}), mL/min ^a	2-8	16-33	2-8 ^b	33-66
Net ultrafiltration rate (Q_{net}), mL/h	Q_{uf}	$Q_{ef} - Q_s^c$	Q_{uf}^b	$Q_{ef} - Q_s^c$
Effluent flow rate (Q_{ef}), L/d	2-8	24-48	24-48	48-96
Components of Q_{ef}	Q_{uf}	$Q_{uf} = Q_s + Q_{net}$	$Q_d \pm Q_{net}$	$Q_{uf} + Q_d$
Sieving coefficient (S)	C_{uf}/C_p	C_{uf}/C_p	C_{ef}/C_p	C_{ef}/C_p

Abbreviations and definitions: CRRT, continuous renal replacement therapy; C_{ef} , solute concentration in effluent; C_p , solute concentration in plasma; C_{uf} , solute concentration in ultrafiltrate; CVVH, continuous venovenous hemofiltration; CVVHD, continuous venovenous hemodialysis; CVVHDF, continuous venovenous hemodiafiltration; SCUF, slow continuous ultrafiltration; Q_d , amount of fluid instilled into filter countercurrent to flow of blood; Q_s , fluid instilled pre- or postfilter to replace ultrafiltrate volume; Q_{uf} , plasma water removed from circulating blood into the effluent bag, it is driven by the machine settings to include the quantity of pre- and postdilution substitution fluids (Q_s) plus the desired net fluid removal (Q_{net}); S, ability of substance to pass through filter.

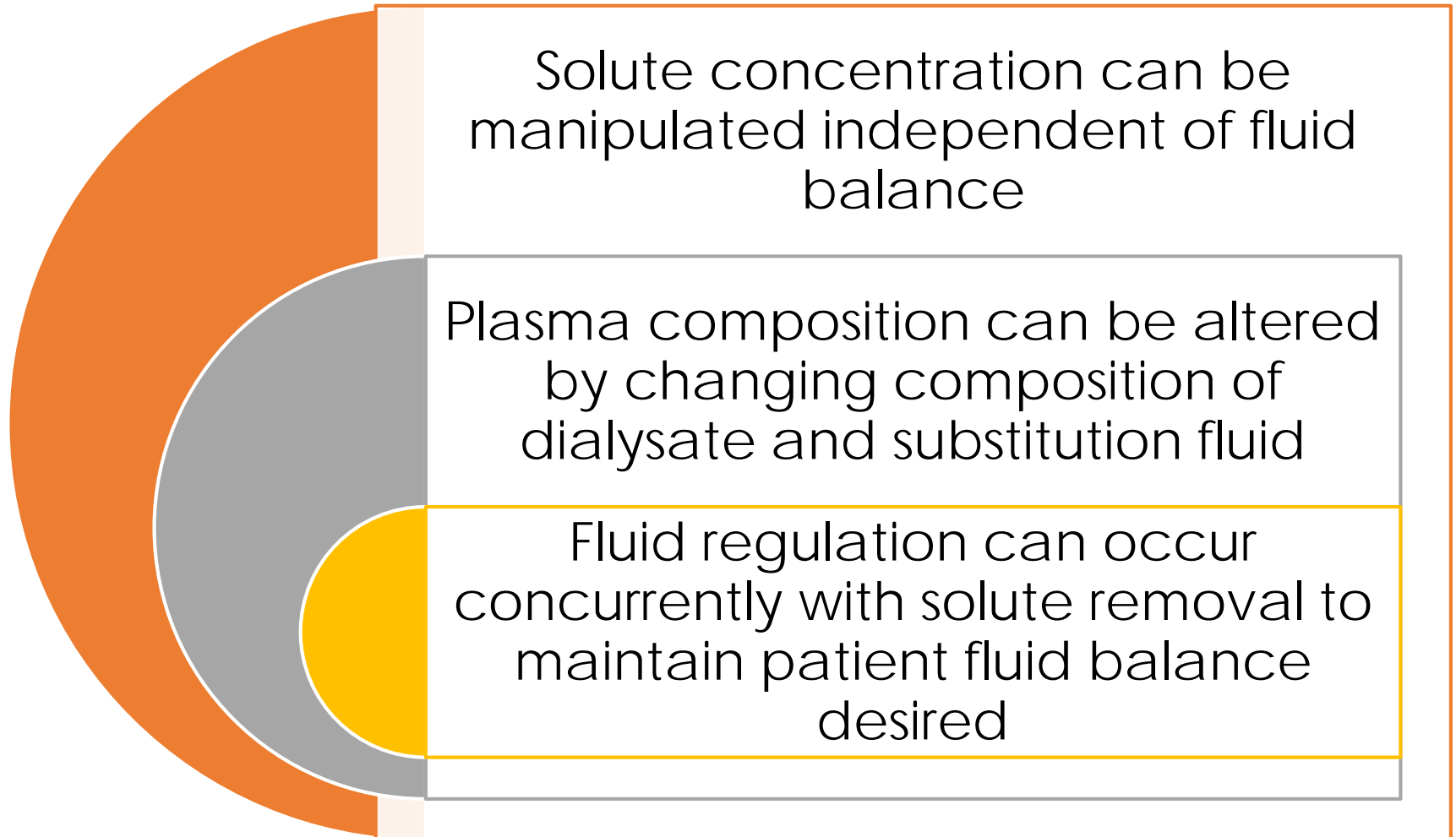
^aOther units may be used; those listed are the usual units.

^bThe fluid removed reflects Q_{net} and adds additional solute clearance.

^cVariable to achieve CRRT balance.

CRRT Operational Characteristics

Summary of Features



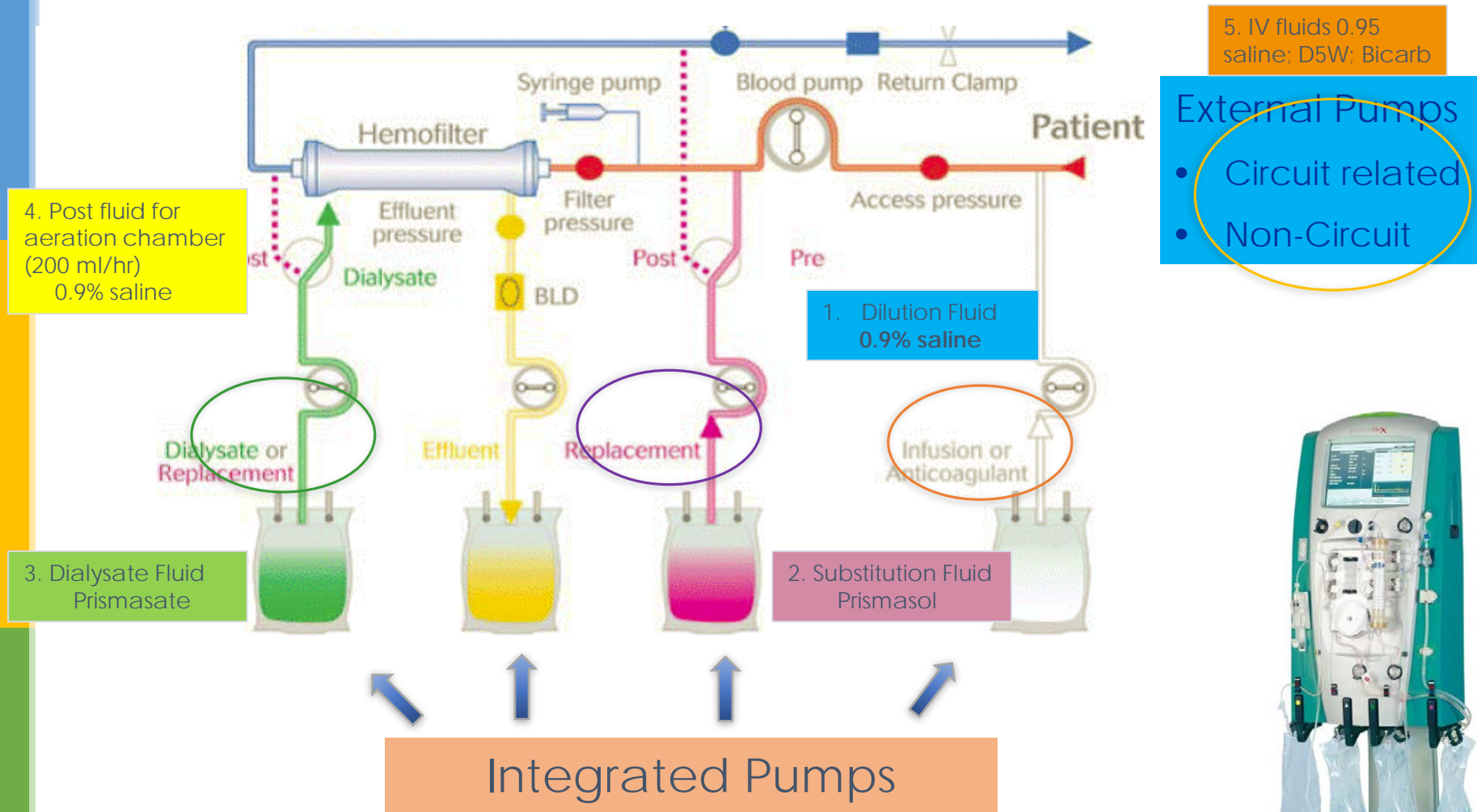
Regulation of fluid composition

	CVVHF	CVVHD	CVVHDF
Target plasma solute concentration	Composition of Replacement Fluid	Composition of Dialysate	Composition of Dialysate and Replacement Fluid
Rate of change in plasma concentration	Difference in concentration between Replacement Fluid and plasma Exchange Rate Sieving coefficient	Dialysate Flow Rate (At low Q_D) Blood Flow Rate (At high Q_D) Dialyzer Size (At high Q_B) Molecular weight Dialyzer permeability	Combined effect of replacement fluid and dialysate fluid rates and composition

Examples of Commercial Solutions for CRRT

	Gambro (Baxter)		NxStage	B. Braun
	^a PrismaSol BGK/B22K/ BK	^b PrismaSATE BGK/B22K/ BK	^b RFP 400-456	^b Duosol 4551-4556
Na ⁺ , mEq/L	140	140	130-140	140-136
K ⁺ , mEq/L	0-4	0-2-4	0-4	0-4
Cl ⁻ , mEq/L	108-113	108-120.5	108.5-120.5	109-117
Lactate, mEq/L	3	3	0	0
Bicarbonate, mEq/L	22-32	22-32	25-35	35-25
Ca ²⁺ , mEq/L	0-2.5-3.5	0-2.5-3.5	0-3	3-0
Mg ⁺ , mEq/L	1.0-1.2-1.5	1.0-1.2-1.5	1-1.5	1-1.5
Dextrose, g/dL	0-1	0-1.1	1	1-0

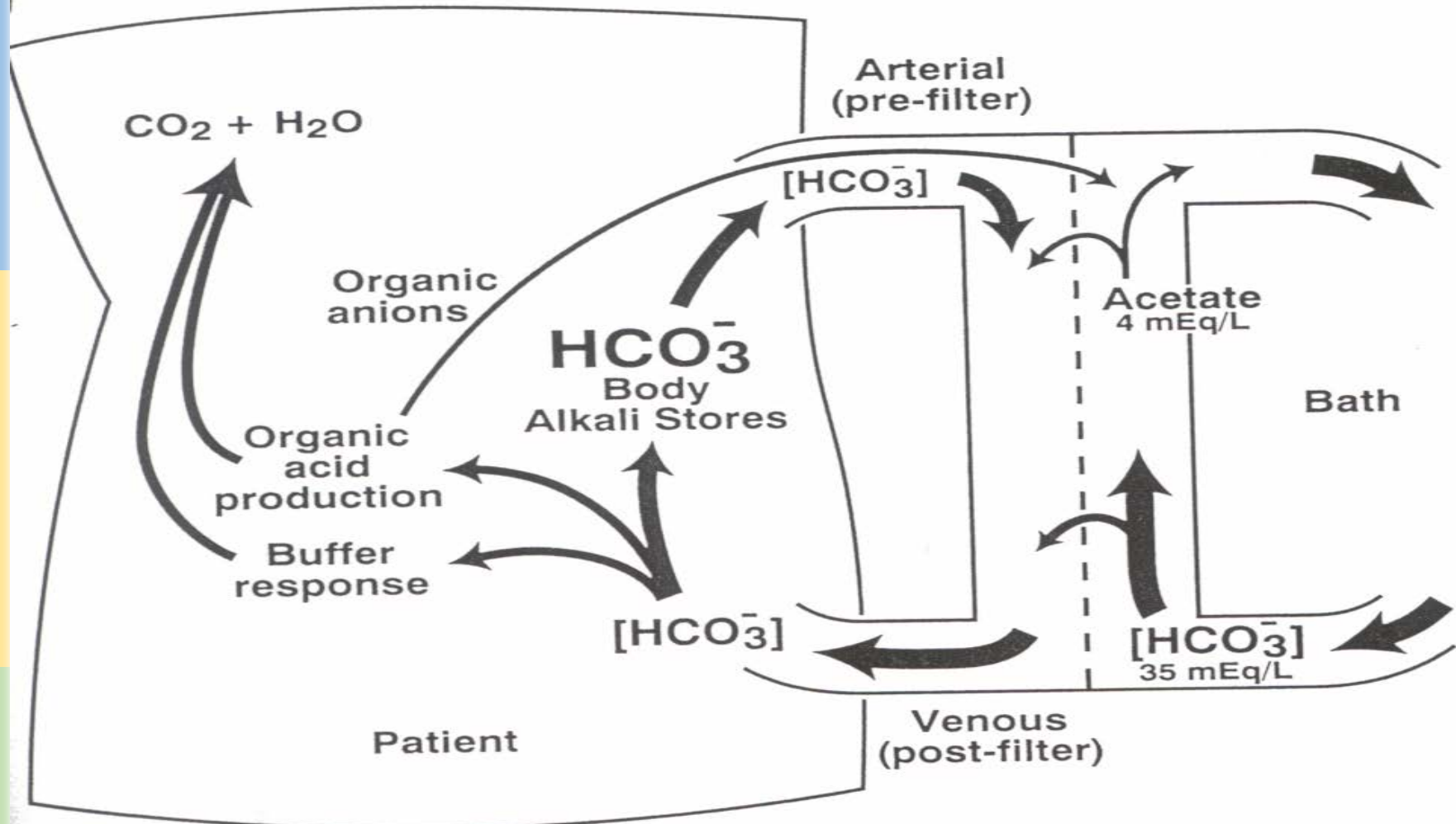
Hydraulic Circuit for PrismaFlex: Sites for Fluid Administration and modifications in fluid composition



Acid-base

- Daily non-volatile acid production around 1-1.5mmol/kg
 - ~80 millimoles
- At pH 7.1 $[H^+] = 80$ nanomoles/L
- Would need to clear 1,000,000 L/day if removing H^+
- CRRT controls acid-base by restoring plasma buffer or Strong Ion Difference not by removing H^+

Alkali Addition and Disposition During Hemodialysis



$$\text{HCO}_3^- \text{ added} = D_{\text{HCO}_3} \times \int^t (\text{Bath } [\text{HCO}_3^-] - \text{Blood } [\text{HCO}_3^-])$$

In steady state: Alkali gained = Net acid production

Modified from J Gennari

Effect of continuous venovenous hemofiltration with dialysis on lactate clearance in critically ill patients.

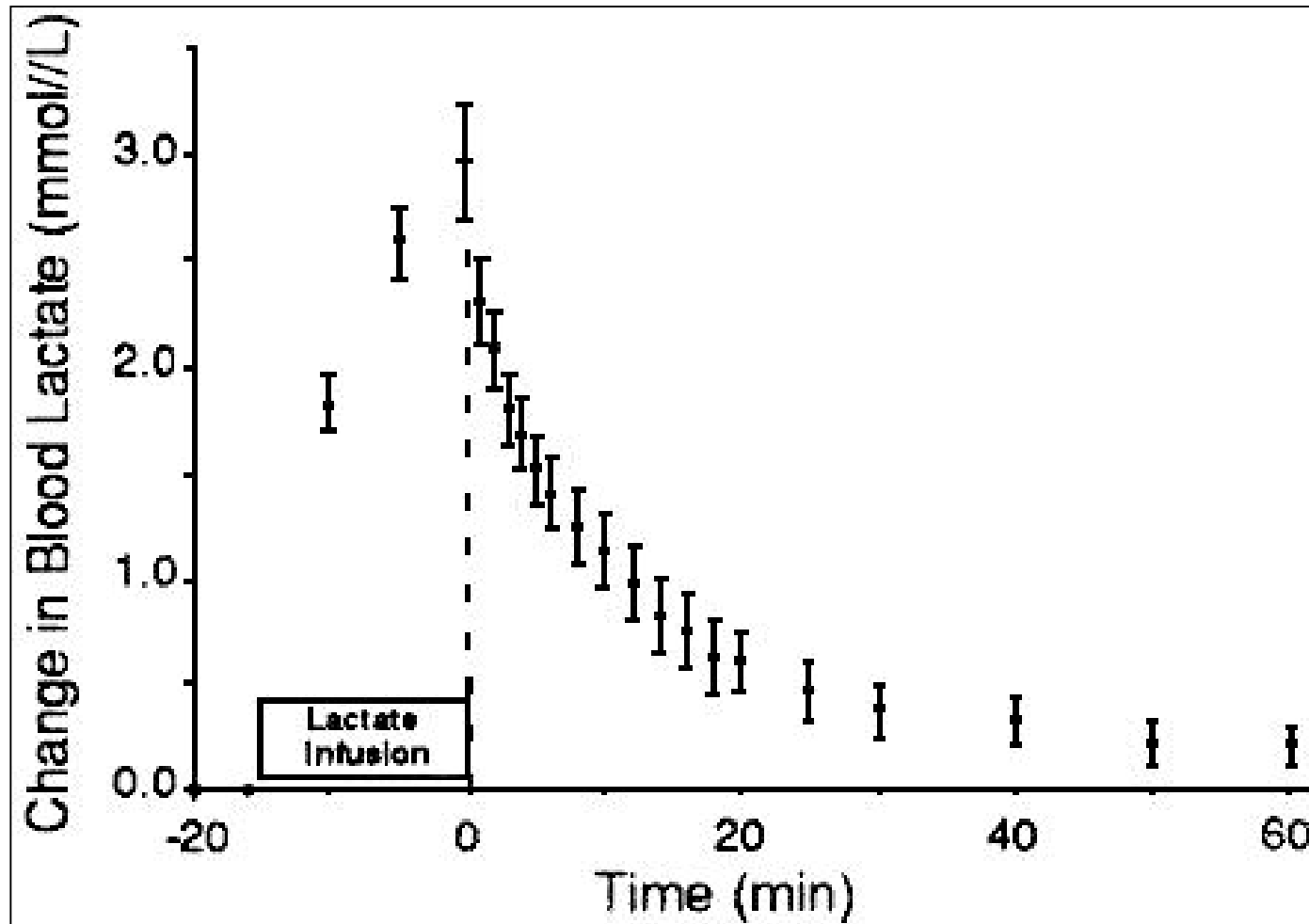
Levrault, Jacques; Ciebiera, Jean-Pierre; Jambou, Patrick; Ichai, Carole; Labib, Yasser; Grimaud, Dominique

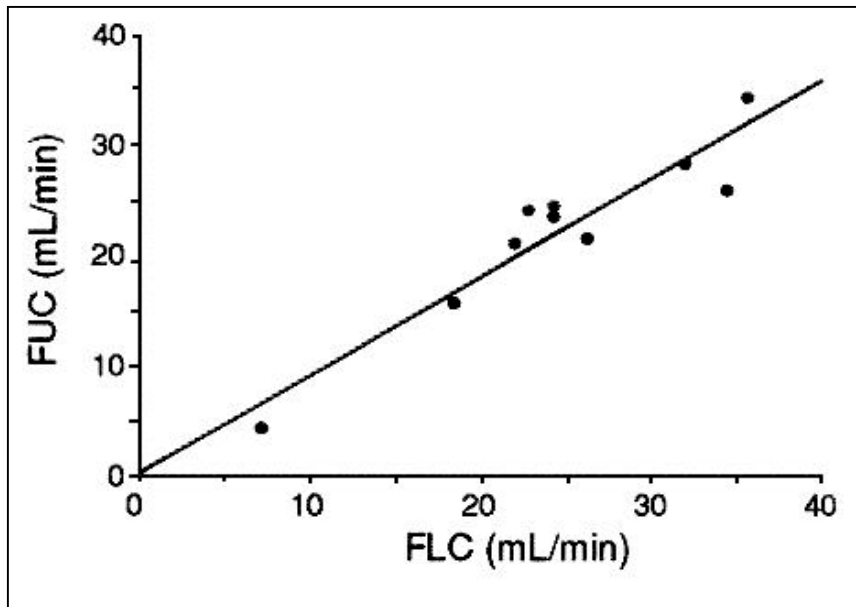
Critical Care Medicine. 25(1):58-62, January 1997.

Patient	Gender	Age (yr)	APACHE II Score	Pathology	Outcome
1	F	66	27	Crush syndrome	S
2	M	66	26	Urosurgery, MOF	D
3	M	72	22	Aortic aneurysm, circulatory failure	D
4	M	67	28	Sepsis, MOF	D
5	M	18	19	Multiple injury, crush syndrome	S
6	M	68	20	Sepsis, MOF	D
7	M	23	12	Intoxication, crush syndrome	S
8	M	70	24	Calcular pancreatitis	S
9	M	24	19	Acute severe asthma, MOF	D
10	M	67	18	Calcular pancreatitis, MOF	D

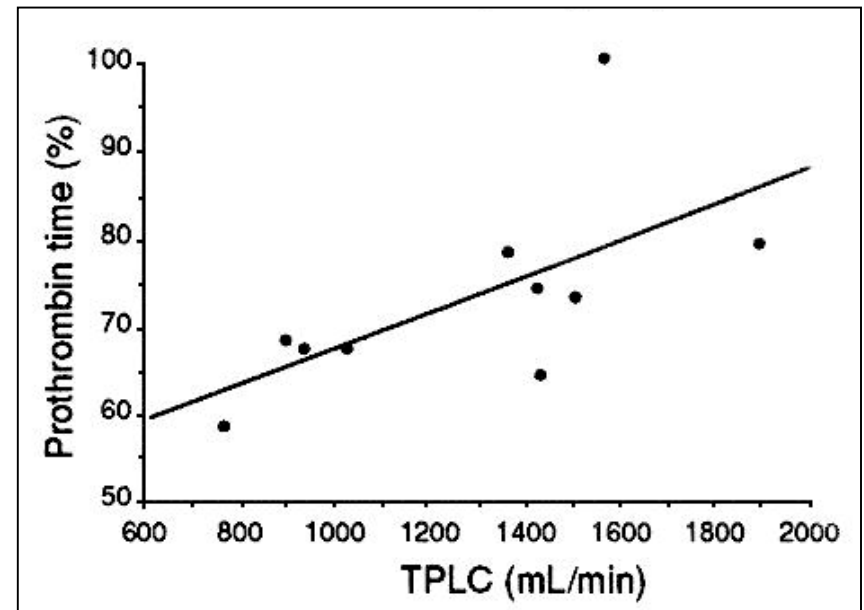
APACHE II, Acute Physiology and Chronic Health Evaluation II; S, survived; MOF, multiple organ failure; D, died.

Effect of Lactate Infusion in ARF patients on CVVHDF





Filter lactate clearance



Total plasma lactate

Lactate Pro- duction	Total Lactate Clearance	Resulting Blood Lactate Concentration (mmol/L)	
		Without CVVHD	With CVVHD
N	N	1	0.95
$N \times 5$	N	5	4.8
N	$N/5$	5	4
$N \times 5$	$N/5$	25	20

N, normal.

Calculations are made assuming that normal lactate production is 1 mmol/min, normal total plasma lactate clearance is 1 L/min, and filter lactate clearance is 50 mL/min.

Electrolytes

- Dysnatremia
- Hyperkalemia

Practical Issues with Fluid Management for CRRT

Maintaining the Circuit

Enabling solute clearances and achieving homeostasis

Volume control and balance with fluid regulation

Monitoring for and preventing complications

Fluid Management in the Critically Ill Patient

Strategies for intervention
role of CRRT

- Fluid Removal
- Fluid Regulation

Principles For Fluid Removal with Dialysis



Removal

Fluid is primarily removed from intravascular compartment



Refill

Plasma refilling rates from interstitial compartment determine rate of change of intravascular blood volume



Balance

If ultrafiltration rate exceeds plasma refilling rate decreased blood volume ensues and contributes to hemodynamic instability



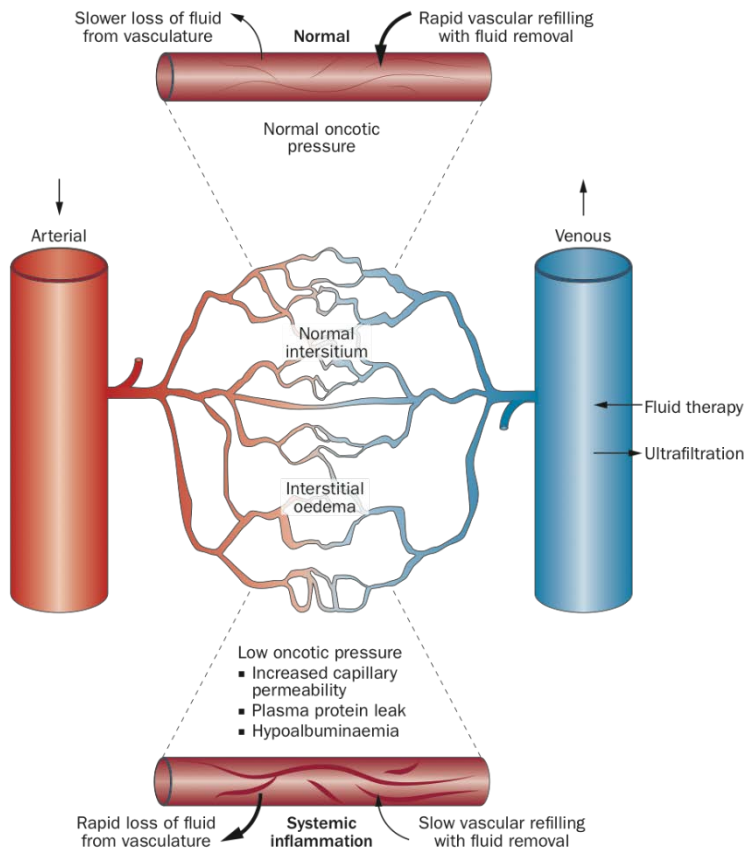
Fluid is removed by UF governed by transmembrane pressure

Volume of fluid removed is precisely regulated by volumetric balance chambers in machine

Rate of fluid removal dictated by prescription

Maximum fluid removal rate per hour dictated by machine limits (generally 2 L/hr)

Fluid replacement generally not required



IHD: Since time is rate limiting factor goal is to find maximally tolerated ultrafiltration rate



Fluid is removed by ultrafiltration governed by transmembrane pressure

Volume of fluid removed is precisely regulated by *Gravimetric scales* outside machine (Prisma, Prismaflex, Aquarius, B. Braun) or *Volumetric balancing chamber* inside machine (NxStage)

Rate of fluid removal dictated by prescription and operational characteristics

Maximum fluid removal rate per hour dictated by machine limits (2-12 L/hr)

Fluid replacement is required

CRRT: As procedure is continuous, goal is to target UF to achieve fluid balance over time

Comparisons of Fluid Management Capability

	<i>Normal Kidney</i>	<i>Intermittent HD*</i>	<i>Peritoneal Dialysis</i>	<i>CRRT#</i>
<i>Ultrafiltration (ml/min)</i>	<i>120</i>	<i>34</i>	<i>14</i>	<i>100</i>
<i>Volume of Filtrate /day (L)</i>	<i>173</i>	<i>8</i>	<i>14</i>	<i>144</i>
<i>Volume removed /Day (L)</i>	<i>0.1-1.5</i>	<i>0-8</i>	<i>0-14</i>	<i>0-100</i>
<i>Regulatory mechanism</i>	<i>GFR Control</i>	<i>UFR Control</i>	<i>UFR control</i>	<i>UFR Control</i>
	<i>Reabsorption</i>	<i>-</i>	<i>-</i>	<i>Replacement Fluid</i>
<i>Sensing mechanism</i>	<i>Hemodynamic</i>	<i>-</i>	<i>-</i>	<i>-? hemodynamic</i>
	<i>Volume status</i>	<i>-</i>	<i>-</i>	<i>? volume status</i>

** 4 hours /day*

High volume HF 6L/hr

Table 5. Operating characteristics of CRRT – fluid removal versus fluid regulation

Characteristics	Fluid removal	Fluid regulation
UF rate	To meet anticipated needs based upon static weight at beginning of treatment as compared to target weight	Variable and reassessed frequently depending upon patient needs and goals of therapy
Fluid management	Adjust UF	Adjust amount of replacement fluid and/or UF
Fluid balance	Even or negative	Positive, even, or negative
Volume removed	Based on physician estimate	Driven by patient characteristics and goals
Application	Easy, similar to IHD	Requires specific tools and training

IHD = Intermittent hemodialysis.

Principles of Fluid Management with CRRT



Ultrafiltrate

UF is used to remove fluid and UF rate can be controlled

UF removes fluid with composition close to plasma water

Solutes removed to varying degrees depending upon membrane characteristics



Replacement

Replacement fluid may be used to replace varying amounts of the fluid removed

Composition of the replacement fluid can be varied



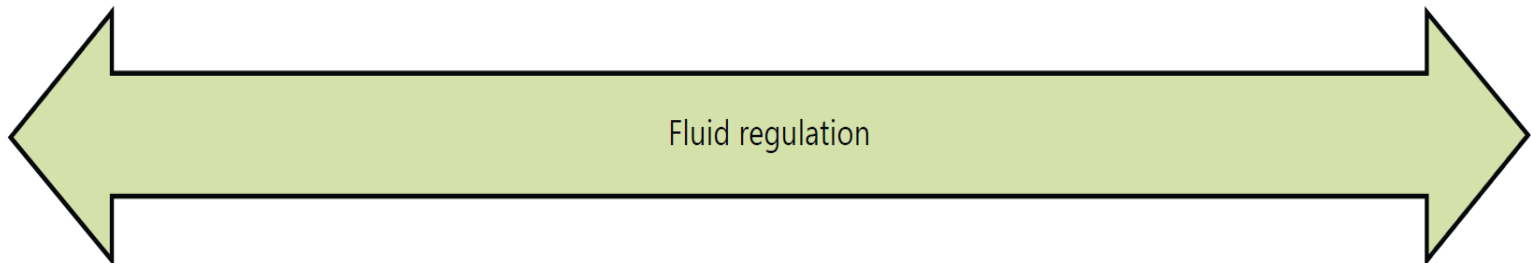
CRRT fluid balance

Fluid balance for the CRRT device is computed as the difference between UF removed and replacement fluid given for any given period of time

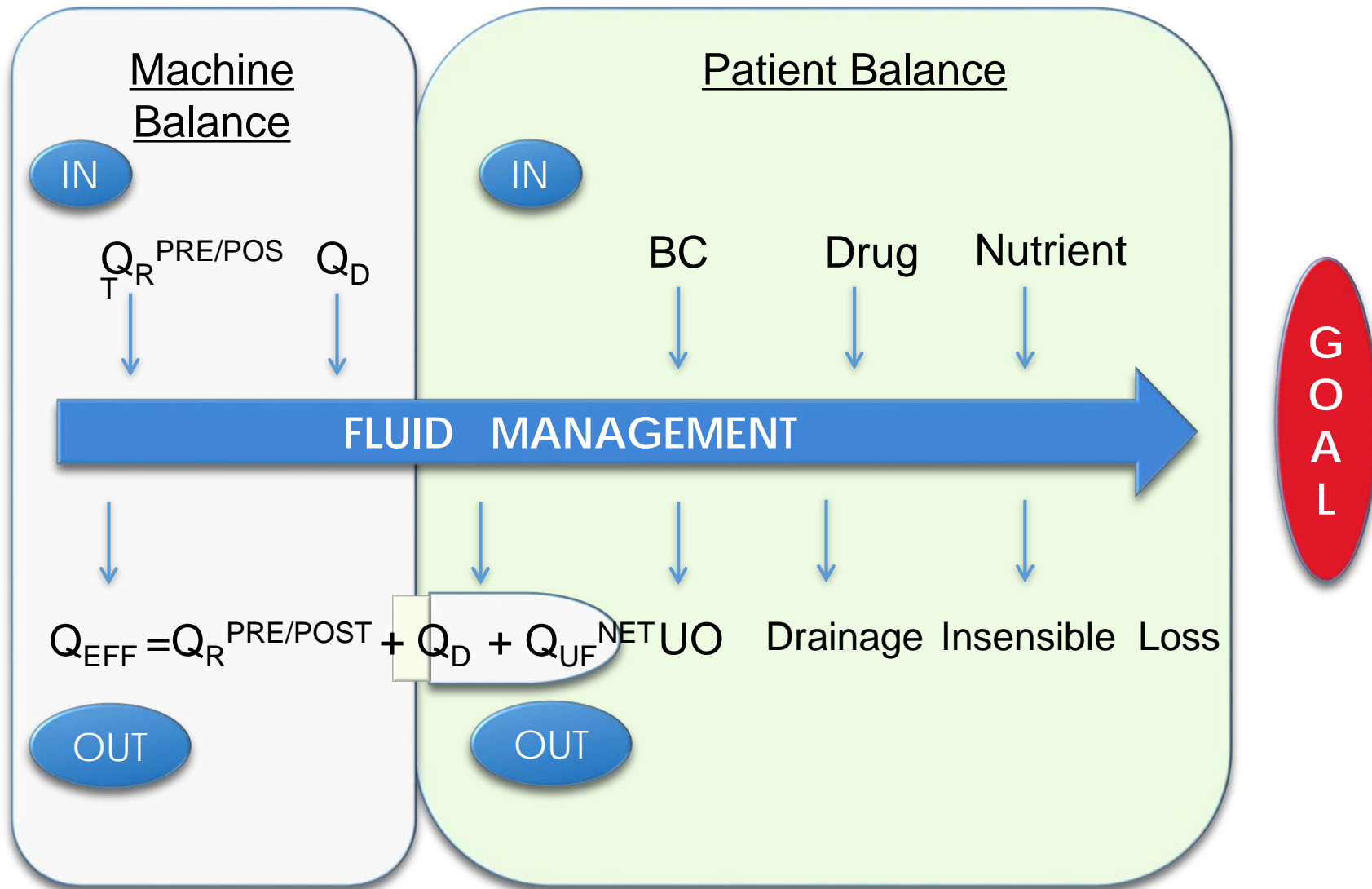


Patient fluid balance

Depends on the difference between all intakes and outputs including CRRT for any given period of time



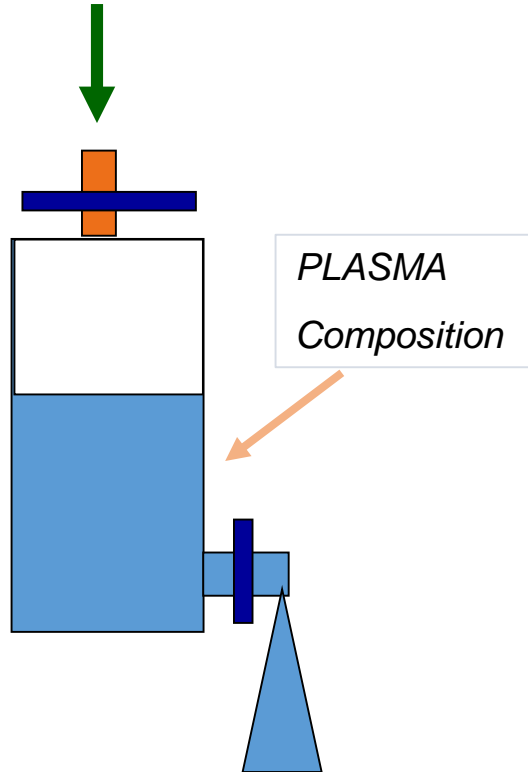
Approaches to Fluid Balance with CRRT Fluid Regulation



Approaches to Fluid Balance with CRRT Principles

Intakes

Oral; IV



Outputs

- *Urine; GI*
- *Drains; Insensible*

Patient Status

■ Patient Balance

- At any given point in time depends on the difference in intakes and outputs
- Plasma composition determined by underlying pathophysiologic processes and process of care (amount and types of fluids given)

Approaches to Fluid Balance with CRRT Fluid Removal

Intakes

Oral; IV

■ Patient Balance

- At any given point in time depends on the difference in intakes and outputs
- Plasma composition determined by underlying pathophysiologic processes and process of care (amount and types of fluids given)

*PLASMA
Composition*

Key is to integrate CRRT balance with patient fluid balance

Outputs

- *Urine; GI*
- *Drains; Insensible*

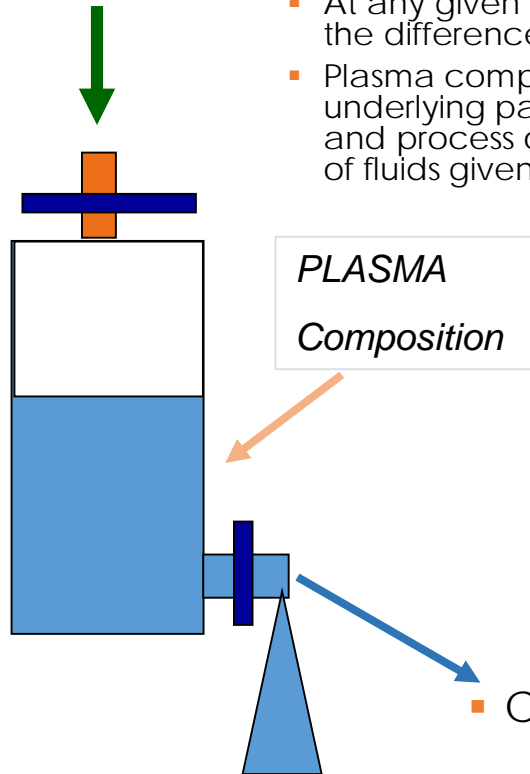
Patient Status

■ CRRT Addition

- Provides a new source of fluid removal that can be adjusted

■ CRRT Balance

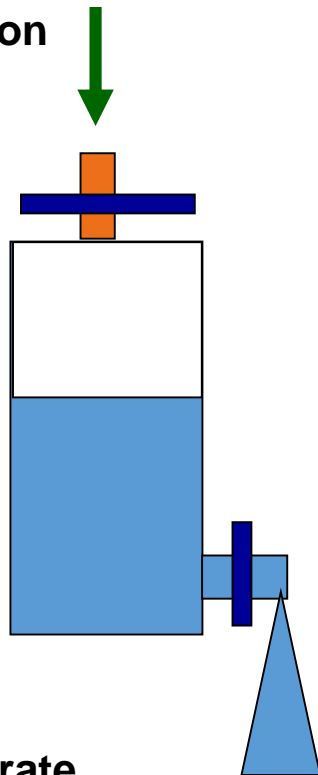
- Negative if fluid removal rate > replacement fluid rate
- Zero
 - if no fluid removed and no replacement given (CVVHD)
 - fluid removal rate = replacement fluid rate



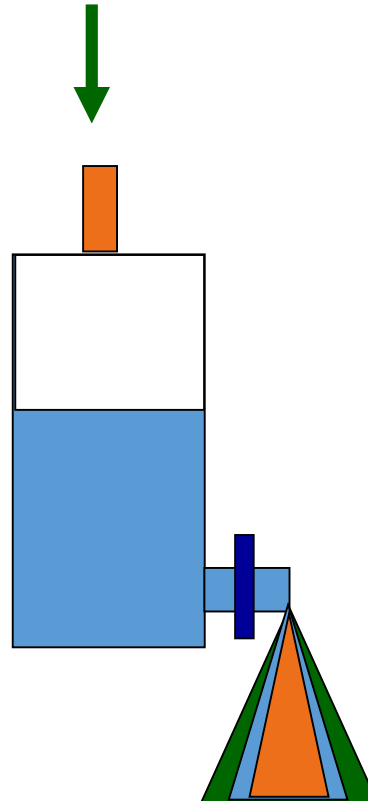
Approaches to Fluid Balance with CRRT

Fluid Regulation

Substitution
Fluid



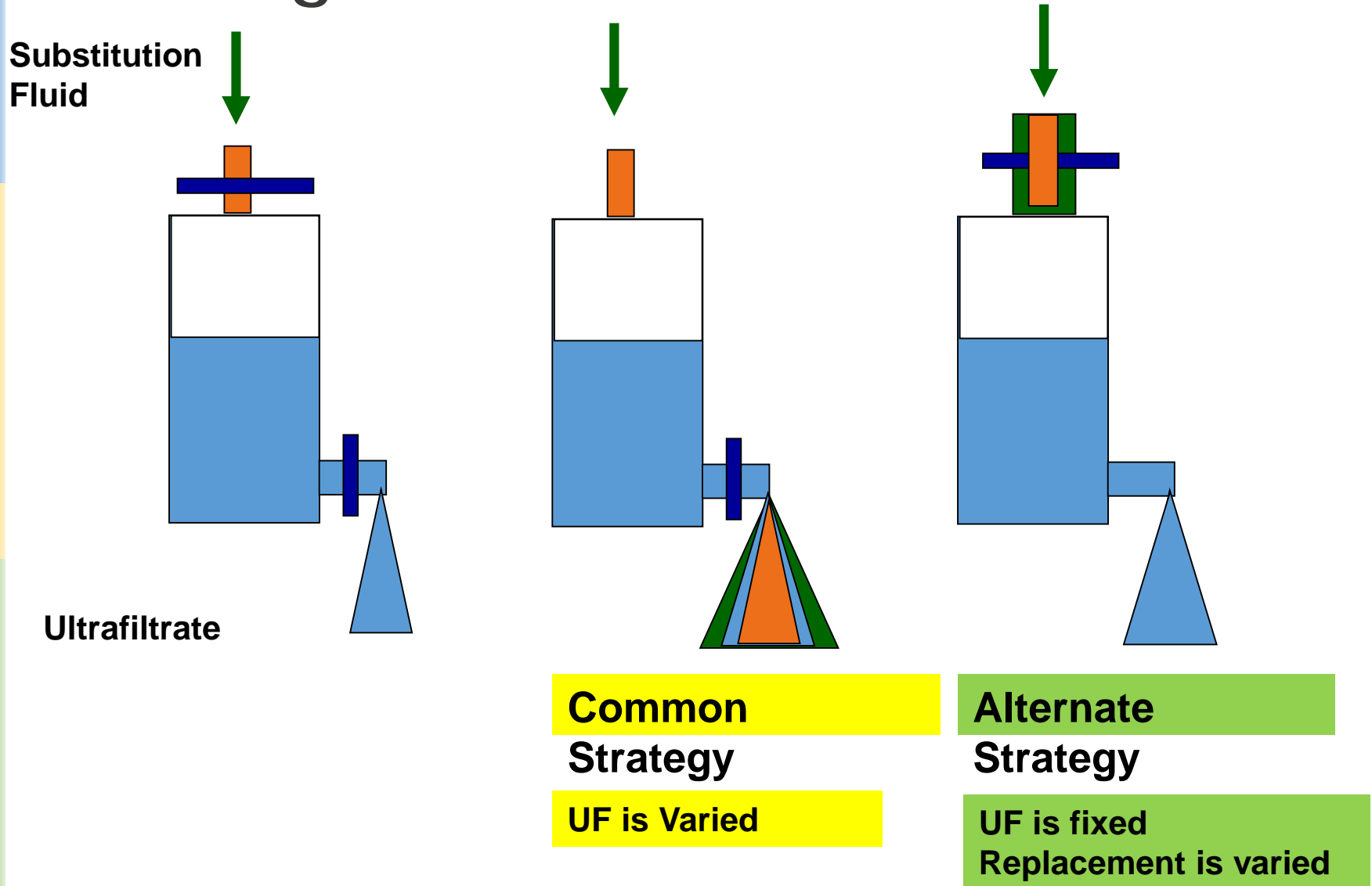
Ultrafiltrate



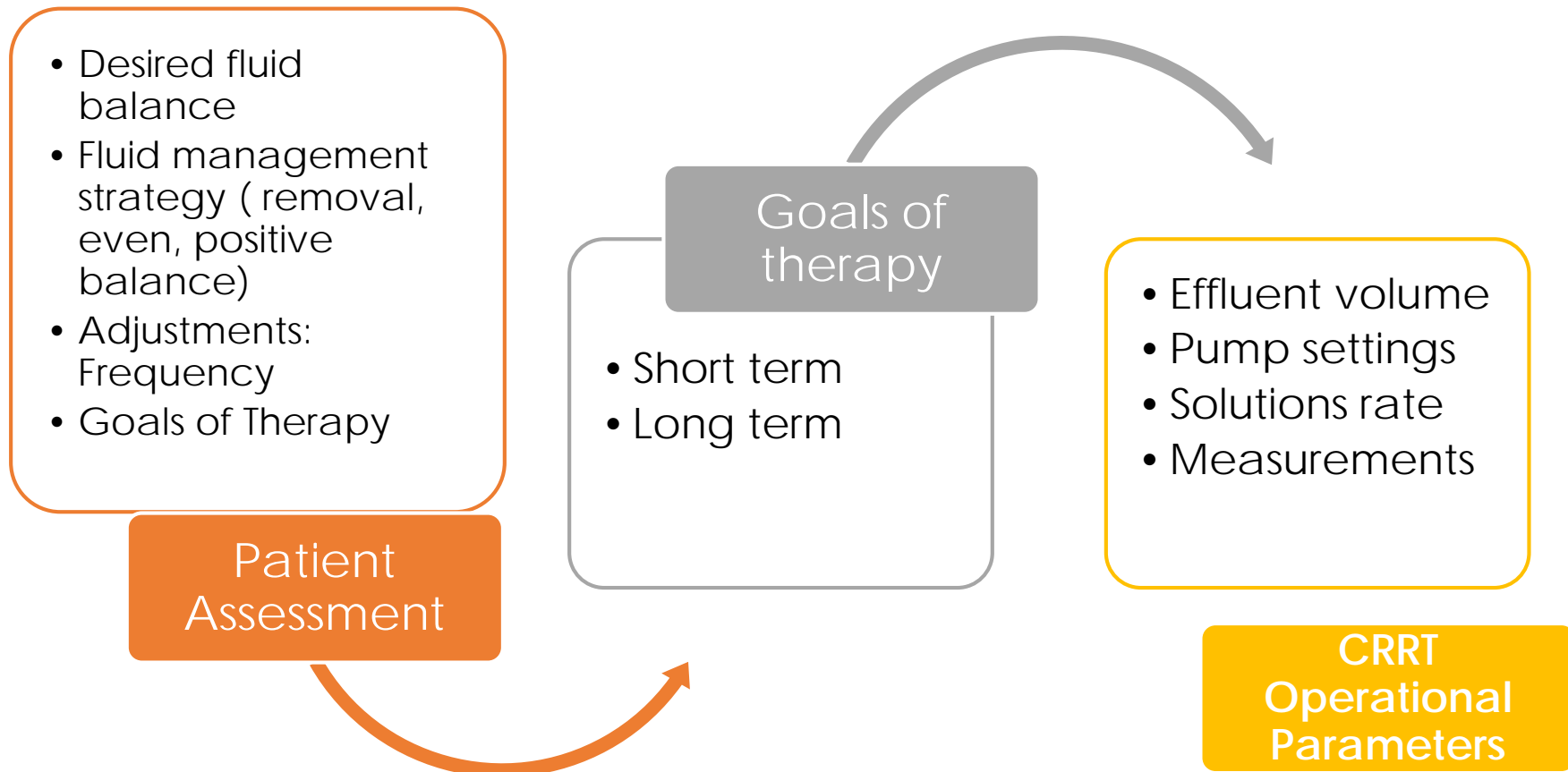
- Adjust patient fluid balance using CRRT as a tool for fluid management
- Goal is to adjust fluid removal/administration to achieve patient needs

Common Strategy

Approaches to Fluid Balance with CRRT Fluid Regulation



Optimizing Renal Support for Fluid and Solute Management



Fluid Management in CRRT

Key Decisions

How much UF volume is required to provide solute clearance

How much UF is needed to achieve fluid balance

What fluid composition is needed to replace fluid removed

Practical Issues

Prescription

Implementing fluid management with different pumped systems

Monitoring and charting

Roles and responsibilities

Fluid and solute management in CRRT Prescription

Step 1: Determine the effluent rate (dialysate and/or ultrafiltrate) needed to meet clearance goals (recommend starting at 30 ml/kg/h)

- Monitor clearance
- Adjust effluent rate to meet clearance goals
- Monitor hemofilter performance (FUN/BUN)

Step 2: Determine fluid balance needs for the patient and determine the iBalance by incorporating machine and patient fluid balance to determine net goals

- Monitor hemodynamic response to fluid removal
- Frequent clinical assessment of fluid removal goal
- Flow sheets to monitor machine/patient balance
- Consider measures of dynamic fluid assessment

Step 3: Determine composition of replacement and/or dialysate solutions to meet goals of maintaining electrolyte and acid-base homeostasis

- Monitor serum electrolytes
- Monitor acid-base status
- Adjust fluids accordingly to meet goals

Step 4: Determine the timing for achievement of goal and monitoring parameters

- Timing based upon hemodynamic stability and imperatives based upon clinical goals
- Set fluid removal rate
- Determine best method to monitor changes

Fluid and Solute Management in CRRT

Prescription Elements

Modality

CVVH

CVVHD

CVVHDF

Operational Characteristics

Solute removal

- Membrane
- Blood flow
- Effluent volume (Dialysate, Ultrafiltrate)

Fluid Balance

- Ultrafiltrate
- Substitution fluid
- Dilution fluid
- Replacement fluid

Circuit

- Anticoagulation
- Filtration fraction
- Monitoring

Plasma Composition

Solution content

Flow rates

Monitoring

Organ Support

High Volume

High cut off membranes and sorbents

Temperature control

Fluid management in CRRT

Prescription

Desired solute clearance

- Effluent volume
 - Dialysate
 - Ultrafiltrate

Desired Fluid balance

- Fluid removal
- Fluid regulation

Operational and safety parameters

- Monitoring and charting
- Problem avoidance and recognition

Fluid management in CRRT Prescription

How much
solute
clearance?

- Based on patient characteristics (catabolic state, nutritional support, underlying renal function etc)
- Calculated as desired clearance ml/min and expressed as L/hr

Compute
minimal effluent
volume

- Clearance requirement in L/hr = minimal effluent volume/hr
- Amount of dialysate and ultrafiltrate to meet minimal effluent volume (modality dependent)

$$FF = \frac{\text{UF rate (ml/min)}}{\text{plasma flow rate (Q}_p\text{) (ml/min)}}$$

Table 3. Plasma flow and FF for different Q_Bs, UF rates and Hct

Hct, %	Q _B = 150 ml/min		Q _B = 200 ml/min	
	Q _P	FF	Q _P	FF
UF = 1,000 ml/h				
Hct = 25	112.5	0.15	150	0.11
Hct = 35	97.5	0.17	130	0.13
Hct = 40	90	0.19	120	0.14
UF = 2,000 ml/h				
Hct = 25	112.5	0.30	150	0.22
Hct = 35	97.5	0.34	130	0.26
Hct = 40	90	0.37	120	0.28
Q _P = Plasma flow rate in ml/min.				

Fluid management in CRRT Prescription

How much solute clearance?

- Based on patient characteristics (catabolic state, nutritional support, underlying renal function etc)
- Calculated as desired clearance ml/min and expressed as L/hr

Compute minimal effluent volume

- Clearance requirement in L/hr = minimal effluent volume /hr
- Amount of dialysate and ultrafiltrate to meet minimal effluent volume (modality dependent)

UF volume needed for fluid balance needs

- Define patient fluid balance requirements and estimate net (intake – output) amount of fluid to be removed
- Define intakes obligated to CRRT therapy e.g. citrate and calcium required for anticoagulation
- Add total fluid to be removed every hour to achieve goals
- Compute UF required for fluid balance = total fluid to be removed

Fluid management in CRRT Prescription

Set replacement fluid or
UFR parameters for
patient fluid balance

- Determine net fluid balance goal e.g. negative, zero or positive
- Determine CRRT fluid balance very hour
- Set replacement fluid rate or UFR to achieve patient fluid balance goal

Fluid Management in CRRT

Orders

- Components
- Standardization



Charting

- CRRT Balance
- Patient Balance
- Where is it charted

MODALITY : ☐ CVVH ☐ CVVHDF ☐ Other: _____

FILTER : ☐ 1,2m² ☐ 1,9m²

PARAMETERS AT INITIATION :

Blood flow: _____ mL/min (Usually 250mL/h, Max 450mL/h;

Target filtration fraction < 30%)

Hourly Net fluid balance: _____ mL/hr

Fluid warmer: ☐ no ☐ 38°C (4L) ☐ 39°C (6L)

SOLUTION :

Solution: ☐ B0 ☐ LG-2

Add 5,5 mmol/L Dextrose if B0 is used (Dextrose already included in LG-2)

Add _____ mEq/L KCl (2 mmol/L already included in LG-2)

☐ 0,3 mL/L Na₂HPO₄

☐ **HEMOFILTRATION :**

Replacement therapy predilution: _____ mL/hr

Replacement therapy postdilution: _____ mL/hr

(Usually 1/4 pre and 3/4 post filter, Max 10L/hr)

☐ **DIALYSIS :** Dialysate : _____ mL/hr

ANTICOAGULATION :

☐ IV Heparin : Bolus _____ U, perfusion _____ U/hr and readjust

According to ☐ standard protocol ☐ cardiac surgery protocol

ANALYSES : CBC, PTT, INR, BUN, Creatinine, E⁺, Mg, P, Ionized Ca, AST, ALT,

Bilirubin, ALP, Lactate, Arterial Blood Gases: q 12h

Date

Signature MD

CRRT Flow Sheet: Hôpital du Sacré-Coeur de Montréal.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	Continuous renal replacement therapy													
2	Hour	Art.	Vei.	TMP		Objective for 8h	Achieved Net U.F. (1)	Out from Pt (2)	Total Out. (3)	Total In (4)	Net Balance	Cumulative Net Balance (5)	Cumulative Predicted Net Balance (6)	Adjustment
3	00 h					_____ ml/h		Urine:		PO/NG		-500	-700	
4	01 h					_____ ml/h								
5	02 h							Gast.:	Achieved Net UF (1)	I.V.:				
6	03 h					Predicted:			+ Out from Pt.(2)		(4) - (3)			
7	04 h					Achieved:		Drains:						
8	05 h							Others:						Adjustment* (5)-(6)
9	06 h													
10	07 h													
11	TOTAL for NIGHT SHIFT (A)					-500	2,000	500	2,500	2000	-500	-1000	-1200	200
12	08 h					_____ ml/h		Urine:		PO/NG				
13	09 h					_____ ml/h								
14	10 h							Gast.:	Achieved Net UF (1)	I.V.:				
15	11 h					Predicted:			+ Out from Pt.(2)		(4) - (3)			
16	12 h					Achieved:		Drains:						
17	13 h							Others:						Adjustment* (5)-(6)
18	14 h													
19	15 h													
20	TOTAL for DAY SHIFT (B)					-500	2,200	500	2,700	2000	-700	-1700	-1700	0
21	16 h					_____ ml/h		Urine:		PO/NG				
22	17 h					_____ ml/h								
23	18 h							Gast.:	Achieved Net UF (1)	I.V.:				
24	19 h					Predicted:			+ Out from Pt.(2)		(4) - (3)			
25	20 h					Achieved:		Drains:						
26	21 h							Others:						Adjustment* (5)-(6)
27	22 h													
28	23 h													
29	TOTAL for EVENING SHIFT (C)					-500	2,000	500	2,500	2000	-500	-2200	-2200	0

UCSD Medical Center Citrate CRRT Orders



UNIVERSITY of CALIFORNIA, SAN DIEGO
MEDICAL CENTER

PHYSICIAN'S ORDERS ADULT CRRT PROTOCOL

Citrate CRRT
Orders
Page 1 of 3

Patient Identification

PHYSICIAN: Use ball point pen. Check (✓) appropriate orders where given choice. Use the metric system when filling in blanks or writing additional orders. To add additional orders after signing and dating this set, use blank Physician's Orders.

Patient Parameters:

- Diagnosis: _____
- Indications: ☐ Solute Control ☐ Fluid Management ☐ Acid/Base/Electrolyte Management
☐ Immune Modulation ☐ Other: _____
- Allergies: Refer to Medical Record for current list of allergies/reactions
- Weigh patient before starting CRRT and once daily.
- Use standard CRRT procedures/protocol of unit.
- Access: ☐ Temporary Catheter ☐ Fistula ☐ Site: ☐ Left ☐ Right
☐ Tunneled Catheter ☐ Graft ☐ Location: ☐ Femoral ☐ Jugular ☐ Subclavian
☐ ECMO Circuit ☐ Other: _____ ☐ Leg ☐ Other: _____

Treatment Parameters:

- Modality: ☐ SCUF ☐ CVVH ☐ CVVHD ☐ CVVHDF ☐ Other: _____
- Machine: ☐ PrismaFlex ☐ Other: _____
- Filter: ☐ PrismaFlex Set HF1000 ☐ Other: _____
- Use fluid warmer to maintain patient's temperature at 37C. Other: _____

Solutions and Flow Rate:

- Blood flow: ☐ 100 mLs/min ☐ Other: _____ mLs/min (Max: 450 mLs/min)
- (1B) Dialysate - Base solution: 0.45% NaCl₃

	mEq/L	FLOW RATES	Standard (mLs/hr)	Other (mLs/hr)
*NaCl	mEq/L	(1A) Total Effluent (total of all fluids)	2700	
*NaHCO ₃	mEq/L	(1B) Dialysate	1000	
KCl	mEq/L	(1C) Post filter (deaeration chamber via replacement pump)	200	
Magnesium Sulfate	mEq/L	(1D) Pre filter (via Pre Blood Pump)	500	
Dextrose (0.1-1%)	%	(3A) Patient fluid removal (Max 2000 mLs/hr)	1000	
Other 1				
Other 2				

*Total NaCl/HCO₃ should equal 40 mEq/L

() refers to form D6037

- (1C) Post filter: ☐ Normal Saline ☐ Other: _____
- (1D) Pre filter: ☐ Normal Saline ☐ Other: _____

Physician Signature/PID#

Date & Time

Nurse Signature

Date & Time

D1743 (6-08)

WHITE - Medical Records

YELLOW - Dialysis

UCSD Medical Center Citrate CRRT Orders



PHYSICIAN'S ORDERS ADULT CRRT PROTOCOL

Citrate CRRT Orders Page 2 of 3

Patient Identification

PHYSICIAN: Use ball point pen. Check (✓) appropriate orders where given choice. Use the metric system when filling in blanks or writing additional orders. To add additional orders after signing and dating this set, use blank Physician's Orders.

16. Replacement Fluid - Given post filter via venous return line. Choose one scale:

Solution	pH	Serum Bicarb
Normal Saline	>	>
0.45% Normal Saline plus 75mEq/L NaBicarb		
Sterile Water plus 150mEq/L NaBicarb	<	<
Other		

17. Replacement fluid flow rates: Choose **one** method below to maintain net fluid balance.

Set hourly fluid removal rate:

- ☐ Net negative _____ mL/hour for _____ hours.
☐ Keep even for _____ hours.
☐ Net positive _____ mL/hour for _____ hours.

Sliding scale (below):

Parameters:
☐ MAP ☐ PAWP
☐ CVP ☐ Other _____

Suggested Hourly Fluid
Target Parameters

OTHER Hourly Fluid
Target Parameters

+ 200 mL
+ 150 mL
+ 100 mL
+ 50 mL
EVEN
- 50 mL
- 100 mL
- 150 mL
- 200 mL

Anticoagulant:

18. Regional CITRATE anticoagulation 0.14 molar citrate to run into 3-WAY STOPCOCK at vascular access exit at _____ mL/hour (usually 2 to 3% of BFR; eg: 140-180 mL/hr for a BFR = 100 mL/min) to maintain POST-FILTER IONIZED CALCIUM at 0.25-0.3 mmol/L.
NOTE: Start at lower rate (120 - 140 mL/hr) for patients with hepatic failure.

19. Check POST-FILTER IONIZED CALCIUM at initiation of CRRT and every 4 hours x 24 hours, then every 8 hours x 24 hours, then every 12 hours. Adjust CITRATE flow rate according to sliding scale below. If changes made to citrate drip, recheck postfilter ionized calcium in 2 hours, then every 4 hours for 24 hours if stable.

Citrate Replacement Sliding Scale

Postfilter Ionized Ca

<0.25
0.25 - 0.3
0.31 - 0.4
0.41 - 0.45
>0.45

Citrate Flow Rate

Decrease by 10 mL/hour (call Renal MD)
NO CHANGE
increase by 5 mL/hour
increase by 10 mL/hour
increase by 15 mL/hour (call Renal MD)

Do not decrease citrate rate below ☐ 120 mL/hour ☐ Other _____
Do not increase citrate rate above ☐ 200 mL/hour ☐ Other _____

Physician Signature/PID#
D1743 (6-08)

Date & Time
WHITE - Medical Records

Nurse Signature
YELLOW - Dialysis

Date & Time



PHYSICIAN'S ORDERS ADULT CRRT PROTOCOL

Citrate CRRT Orders Page 3 of 3

Patient Identification

PHYSICIAN: Use ball point pen. Check (✓) appropriate orders where given choice. Use the metric system when filling in blanks or writing additional orders. To add additional orders after signing and dating this set, use blank Physician's Orders.

20. Calcium chloride solution: 8 g CaCl₂ in 1000 mL 0.9% sodium chloride (1080 mL total). To run into CENTRAL LINE at ☐ 40 mL/hour ☐ Other _____ to maintain PERIPHERAL IONIZED CALCIUM 1.12-1.2 mmol/L.

21. Check PERIPHERAL IONIZED CALCIUM at initiation of CRRT and every 4 hours x 24 hours, then every 8 hours x 24 hours, then every 12 hours. Adjust calcium chloride according to sliding scale below. If changes made to calcium chloride drip, recheck peripheral ionized calcium in 2 hours, then every 4 hours for 24 hours if stable.
Calcium Chloride Sliding Scale

Peripheral Ionized Ca

0.85 - 0.94
0.95 - 1.04
1.05 - 1.09
1.10 - 1.2
1.21 - 1.3
1.31 - 1.45
>1.45

Calcium Chloride

increase by 10 mL/hour + 2 g Ca gluconate (call Renal MD)
increase by 5 mL/hour + 1 g Ca gluconate
increase by 5 mL/hour
NO CHANGE
decrease by 5 mL/hour
decrease by 10 mL/hour
decrease by 15 mL/hour (call Renal MD)

Do not decrease calcium chloride rate below ☐ 30 mL/hour ☐ Other _____ mL/hour.
Do not increase calcium chloride rate above ☐ 80 mL/hour ☐ Other _____ mL/hour.

Labs:

22. HbsAg, HCV at start of therapy times one.

23. Labs to be drawn IN SEQUENCE at 0200 hours:

a. Peripheral: CBC, differential, platelet count, Chem 7, Mg, Ca, P_{O₂}, liver panel, & PT, PTT INR
b. Postfilter: BUN, creatinine.
c. Prefilter (postpump): BUN, creatinine.
d. Ultrafiltrate: BUN, creatinine

24. Labs to be drawn at start of every new filter and at 1400 hours. Same sequence as #23 above.

a. For peripheral labs do: BUN, creatinine, electrolytes, Ca, P_{O₂}.
b. Filter Labs for post, pre, and ultra filtrate (UF) same as 0200.

Additional Orders: Renal MD pager # _____

25. Check blood pressure and fluid loss every 4 hours and notify Renal MD for systolic blood pressure less than _____ mm Hg.

26. Check for line patency and presence of peripheral pulses every 4 hours. Notify Renal MD of problems pm.

27. Special orders:

Physician Signature/PID#
D1743 (6-08)

Date & Time
WHITE - Medical Records

Nurse Signature
YELLOW - Dialysis

Date & Time

UCSD Medical Center Citrate CRRT Orders

Solutions and Flow Rate:

11. Blood flow: ☐ 100 mLs/min ☐ Other _____ mLs/min (Max: 450 mLs/min)

12. (1B) Dialysate - Base solution: 0.45% NaCl

13.

*NaCl	mEq/L
*NaHCO ₃	mEq/L
KCL	mEq/L
Magnesium Sulfate	mEq/L
Dextrose (0.1-1%)	%
Other 1	
Other 2	

*Total NaCl/HCO₃ should equal 40 mEq/L

FLOW RATES	Standard (mLs/hr)	Other (mLs/hr)
(1A) Total Effluent (total of all fluids)	2700	
(1B) Dialysate	1000	
(1C) Post filter (deaeration chamber via replacement pump)	200	
(1D) Pre filter (via Pre Blood Pump)	500	
(3A) Patient fluid removal (Max 2000 mLs/hr)	1000	

() refers to form D6037

14. (1C) Post filter: ☐ Normal Saline ☐ Other: _____

15. (1D) Pre filter: ☐ Normal Saline ☐ Other: _____

UCSD Medical Center Citrate CRRT Orders

14. Replacement fluid composition: ☐ 0.9% sodium chloride

☐ Other 1: _____ ☐ Other 2: _____

15. Replacement fluid flow rates: Choose **one** method below to maintain net fluid balance:

☐ Set hourly fluid removal rate:

☐ Net negative _____ mL/hour for _____ hours.

☐ Keep even for _____ hours.

☐ Net positive _____ mL/hour for _____ hours.

☐ Sliding scale (below):

Parameters:

☐ MAP ☐ PAWP

☐ CVP ☐ Other _____

Suggested Hourly Fluid

Target Parameters

OTHER Hourly Fluid

Target Parameters

_____	+ 200 mL	_____
_____	+ 150 mL	_____
_____	+ 100 mL	_____
_____	+ 50 mL	_____
_____	EVEN	_____
_____	- 50 mL	_____
_____	- 100 mL	_____
_____	- 150 mL	_____
_____	- 200 mL	_____

NOTE: For all machines other than PRISMA: infuse fluid into replacement fluid line (prefilter, postpump).
For PRISMA: give replacement fluid postfilter via venous return line.

UCSD Medical Center CRRT Flowsheet



UCSD Medical Center

CONTINUOUS RENAL REPLACEMENT THERAPY (CRRT) FLOWSHEET

Name

MR#

DOB

RN INITIALS		SIGNATURE		RN INITIALS		SIGNATURE		DATE	SOURCE	DATE	Patient Identification																
TIME		0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	12 hour total	1900	2000	2100	2200	2300	2400	0100	0200	0300	0400	0500	0600	12 hour total
1A	EFFLUENT (TOTAL OF ALL FLUIDS)																										
1B	PRE FILTER DILUTION SOLUTION (INTERNAL PUMP)																										
1C	DIALYSATE INFUSED																										
1D	PATIENT FLUID REMOVAL (UF)																										
2	ADDITIONAL OUTPUT (URINE, NG, CHEST TUBES, DRAIN)																										
3 (1D+2)	TOTAL OUTPUT																										
4A	ALL INTAKE: IV, PO, etc. EXCEPT REPLACEMENT																										
4B	PRE FILTER DILUTION SOLUTION (EXTERNAL PUMP)																										
4C	= 4A+B																										
5 (3-4C)	HOURLY FLUID BALANCE																										
6-4B	DESIRED OUTCOME (+ OR -)																										
7 (6-5)	PATIENT FLUID REPLACEMENT GIVEN																										
8 (5+7)	ACTUAL NET FLUID BALANCE																										
	CVP PAWP MAP																										
	ACCURA PRISMA BRAUN																										
	ACCESS ACCESS PRESSURE P A																										
	PREFILTER FILTER PRESSURE P B E																										
	FILTRATE EFFLUENT PRESSURE P D 2																										
	RETURN RETURN PRESSURE P V																										
	BLOOD FLOW CONNECTIONS CHECK																										
	IONIZED CALCIUM- PERIPHERAL																										
	IONIZED CALCIUM- POST																										
	CLTRATE FLOW CALCIUM CHLORIDE FLOW																										
	RN INITIALS																										

UCSD Medical Center CRRT Flowsheet

[illegible]



UCSD Medical Center

CONTINUOUS RENAL REPLACEMENT THERAPY (CRRT) FLOWSHEET

Name

MR#

DOB

RN INITIALS	SIGNATURE	RN INITIALS	SIGNATURE	DATE	Source	Date
-------------	-----------	-------------	-----------	------	--------	------

TIME	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	12 hour total	1900	2000	2100	2200	2300	2400	0100	0200	0300	0400	0500	0600	12 hour total
1A	EFFLUENT (TOTAL OF ALL FLUIDS)													Patient Identification												
1B	PRE FILTER DILUTION SOLUTION (INTERNAL PUMP)																									
1C	DIALYSATE INFUSED																									
1D	PATIENT FLUID REMOVAL (UF)																									
2	ADDITIONAL OUTPUT (URINE, NG, CHEST TUBES, DRAINS)																									
3 (1D+2)	TOTAL OUTPUT																									
4A	ALL INTAKE: IV, PO, etc. EXCEPT REPLACEMENT																									
4B	PRE FILTER DILUTION SOLUTION (EXTERNAL PUMP)																									
4C	= 4A+B TOTAL INTAKE																									
5 (3-4C)	HOURLY FLUID BALANCE TOTAL																									
6-MD ORDER	DESIRED OUTCOME (+ OR -)																									
7 (6-5)	PATIENT FLUID REPLACEMENT GIVEN																									
8 (5+7)	ACTUAL NET FLUID BALANCE																									
	GVP - PAWP - SBP - MAP																									
	ACCURA - PRISMA - BRAUN																									
	ACCESS - ACCESS PRESSURE - PA																									
	PREFILTER - FILTER PRESSURE - PBE																									
	FILTRATE - EFFLUENT PRESSURE - PD2																									
	RETURN - RETURN PRESSURE - PV																									
	BLOOD FLOW - CONNECTIONS CHECK																									
	IONIZED CALCIUM - PERIPHERAL																									
	IONIZED CALCIUM - POST																									
	CITRATE FLOW - CALCIUM CHLORIDE FLOW																									
	RN INITIALS																									

+99

CRRT Flow sheets in EMR

		02/05/0000 - 02/06/0559																02/06/0000 - 02/07/0559																24 Hrs 8 Hrs 4 Hrs 12 Hrs							
Date:		1 Hr: 08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-00	00-01	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	19-20	20-21			
Dialysis RH Checks																																									
MD Report		No																																							
Prescription Verified w/ CRRT Ord...		Yes																																							
Treatment Type		CVVHDF																																							
Status		Off																																							
Off Status Reason		OR																																							
Machine Type		Prisma...																																							
Machine Number		4																																							
Lines Reversed		No																																							
UF Clear		Yes																																							
Citrates Tubing Labeled		Yes																																							
Dewaration Chamber Level		Yes																																							
Blood Lines Warm		Yes																																							
Blood Warmer Temp		105.4 (...)																																							
CRRT Filter Number		7																																							
CRRT Filter Day		1																																							
Treatment																																									
Treatment Type		CVVHDF																																							
Status		Off																																							
Effluent		2387 2148 2698 2546 2636 2658 2657 2652 2632 2427																																							
Ultramate		877 100 100 944 107 984 886 164 953 892																																							
Post Filter Res.		176 181 189 189 186 198 190 192 197 178																																							
Pre Blood Pump		438 456 4068 471 487 485 486 490 487 443																																							
Intake																																									
Intake		279 204 488 305 319 414 294 301 301 301																																							
Output																																									
Other Output		125 100 110 190 50 50 300 95 50 50																																							
Total Output		1001 1002 1111 1132 1026 1021 1207 1030 1035 984																																							
Goal/Replace Calc																																									
CRRT Goal Parameter		Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant Constant																																							
Hourly Goal		100 100 100 100 100 100 100 100 100 100																																							
Hourly Balance		-722 -790 -622 -622 -707 -617 -993 -779 -734 -662																																							
Calculated Rep Fil		802 898 722 803 807 717 1053 879 834 763																																							
Replacement Fil																																									
NaCl 0.9%		822 ml 990 ml 722 ml 923 ml 807 ml 717 ml 1050 ml 879 ml 834 ml 763 ml																																							
NaCl 0.45%/Acarb 75mg																																									
Hourly Net Balance																																									
Total Intake (2 + Replacement)		1101 1102 1211 1222 1126 1121 1207 1100 1135 1004																																							
Total Output (3A + 3B)		1001 1002 1111 1132 1026 1031 1287 1080 1035 984																																							
Hourly net balance (JAK)		100 100 100 100 100 100 100 100 100 100																																							
CRRT Filter Labs																																									
Ionized Calcium - Pre/Post		1.01 1.03 1.1 1.11 1.27																																							
Ca / Citrate Rates		-0.25 0.31 0.27 0.31 <25																																							
Citrates Volume - ml		140 140 130 130 135 135 135 135 135 135																																							
Volume (ml) Calcium Chloride		80 ml 80 ml 85 ml 85 ml 90 ml 90 ml 90 ml 95 ml 95 ml 95 ml																																							
BUN/Cr Monitoring																																									
BUN - Pre-Filter		21																																							
Cr - Pre-Filter		1.16																																							
BUN - Post-Filter		16																																							
Cr - Post-Filter		0.85																																							
BUN - UF		22																																							
Cr - UF		1.2																																							
Sieving Coefficient (%)		104.78																																							
Machine																																									
Machine		Prisma...																																							
Access Pres		-10 -20 -29 -24 -17 -16 -14 -12 -13 -13																																							
Filter Pres		82 94 82 87 88 88 92 88 102 116																																							
Effluent Pres		20 6 -20 -25 -48 -88 -90 -90 -130 -140																																							
Return Pres		33 42 39 39 34 27 33 32 31 37																																							
Blood Pump Rate		100 100 100 100 100 100 100 100 100 100																																							
MD Totals																																									
Total In		5750																																							
Commodation In		1050 1050 1050 1050 1050 6800 6800																																							
Total Out		1500																																							
Commodation Out		950 950 950 950 950 2450 2450																																							
IO Net		4250																																							
IO Cumulative Net		4480 4580 4850 4750 4850 4950 5050 5150 5250 5350																																							
IO Cumulative Net		100 100 100 100 100 100 100 100 100 100																																							

Case Study

- 74 yo HF was admitted with 25% total body surface area burns in a structure fire, smoke inhalation.
- She was in the structure fire for unknown time, her husband died in the fire.
- She has burn injury to face, dorsum of both arms and legs.
- She received large volume resuscitation and is about 40 L + since admission
- She is intubated and sedated in the burn unit on a fentanyl and versed drip
- HR 90, BP 135/80 , Temp 99, FiO2 70%
- Burns on face, back, arms
- S1S2, Lungs bilateral diffuse rhonchi
- Abdomen obese marked edema and bowel sounds present
- Legs marked edema to thighs
- Labs: Sodium 146, Potassium 4, Chloride 109, Bicarb 35, BUN 18, Creatinine 0.54, Glucose 154, Calcium 8.6
- WBC 9.7, hemoglobin 9, platelet 144

Case Study

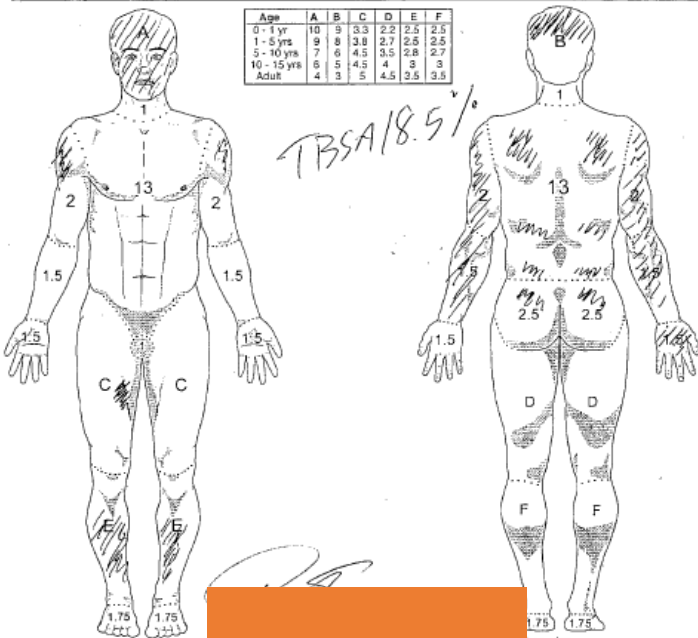
Shade images accordingly: ☐ 2° ☒ 3°

Patient Identification

Lund & Browder Chart - estimate to the nearest 10th%

Area	% 2°	% 3°	Area	% 2°	% 3°	Area	% 2°	% 3°
Head	5		R. buttock	0.5		RL arm		
Neck			L. buttock	0.5		LL arm	1.5	
Ant. trunk			Genitalia			R hand	1.5	
Post. trunk	3		RU arm	2		L hand	1	
			LU arm	2		R thigh	0.5	
						L thigh		
						R leg	0.5	
						L leg	0.5	
						R foot		
						L foot		

Total % 2° 18.5% + Total % 3° 0 = Total % Burn 18.5%



Back

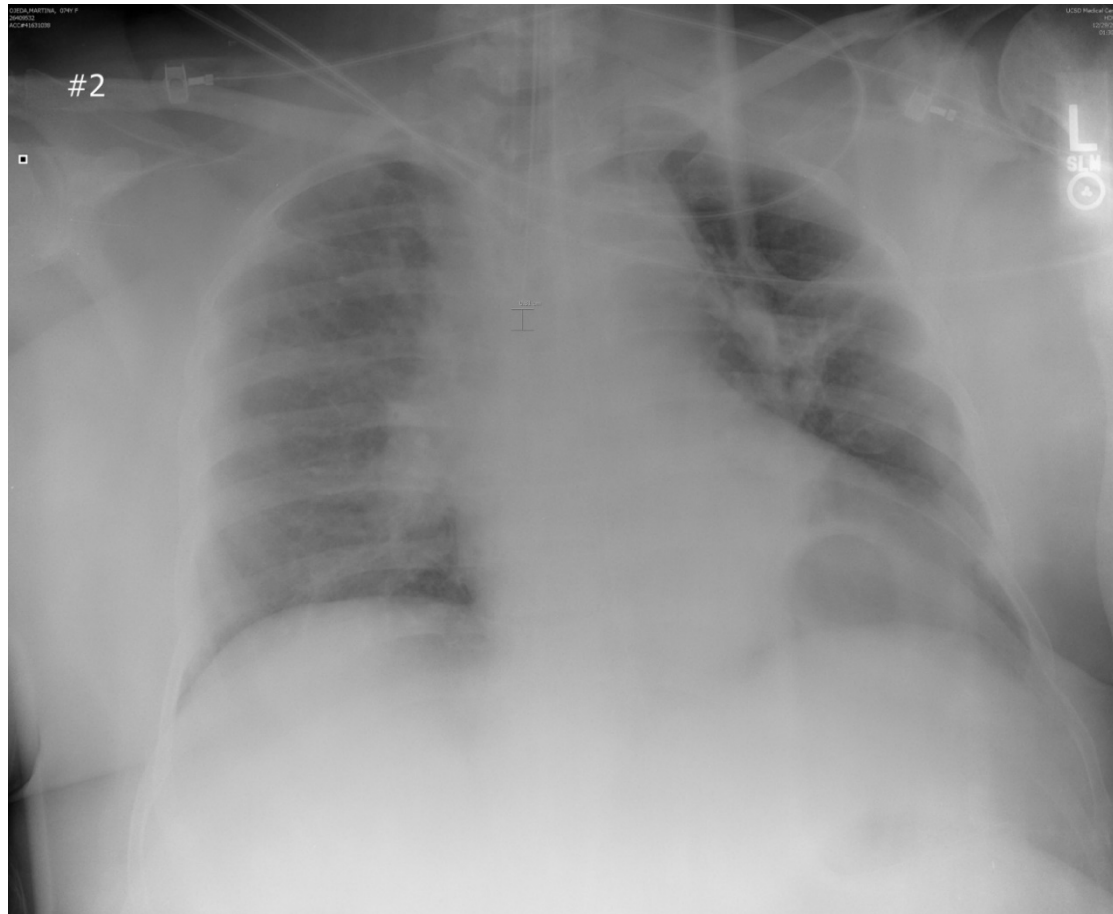


Left arm



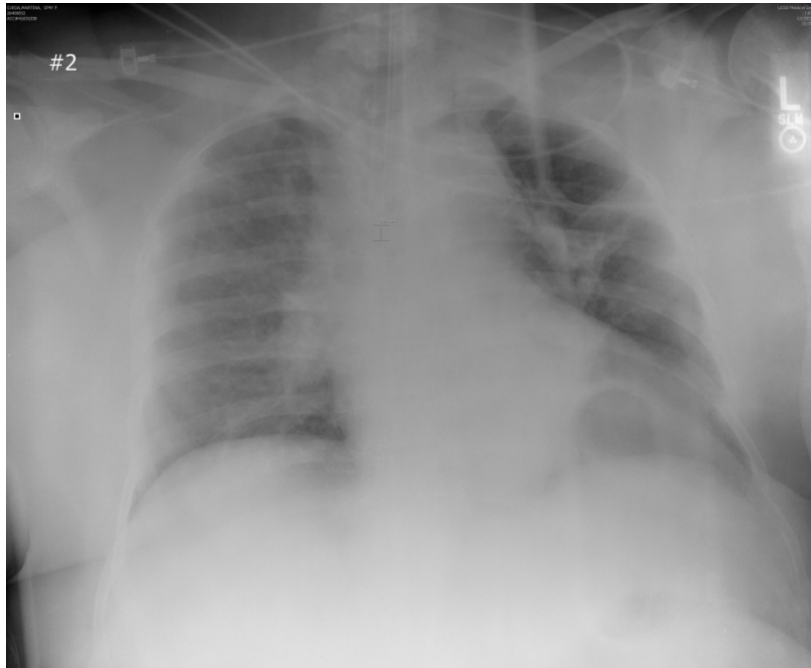
Rt arm

Case Study

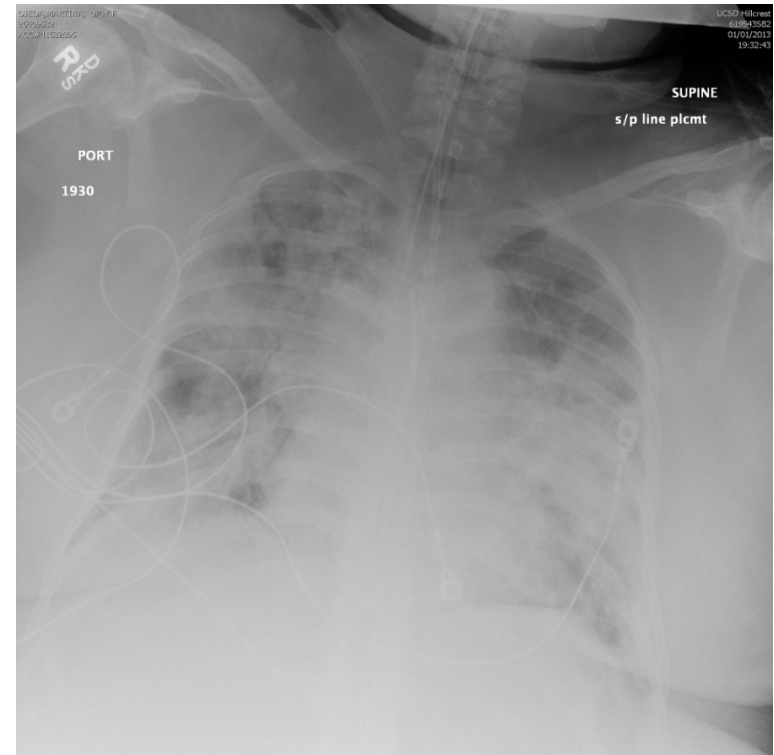


Case Study

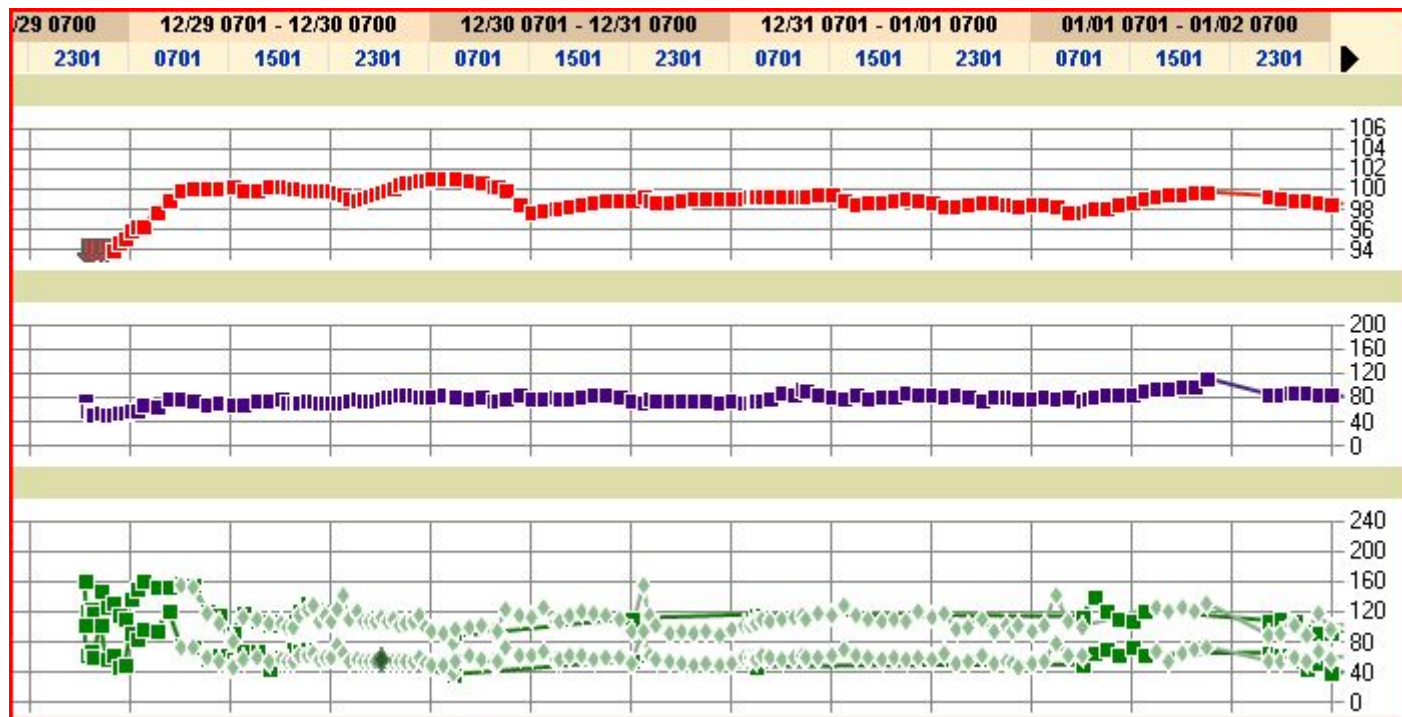
Dec 29



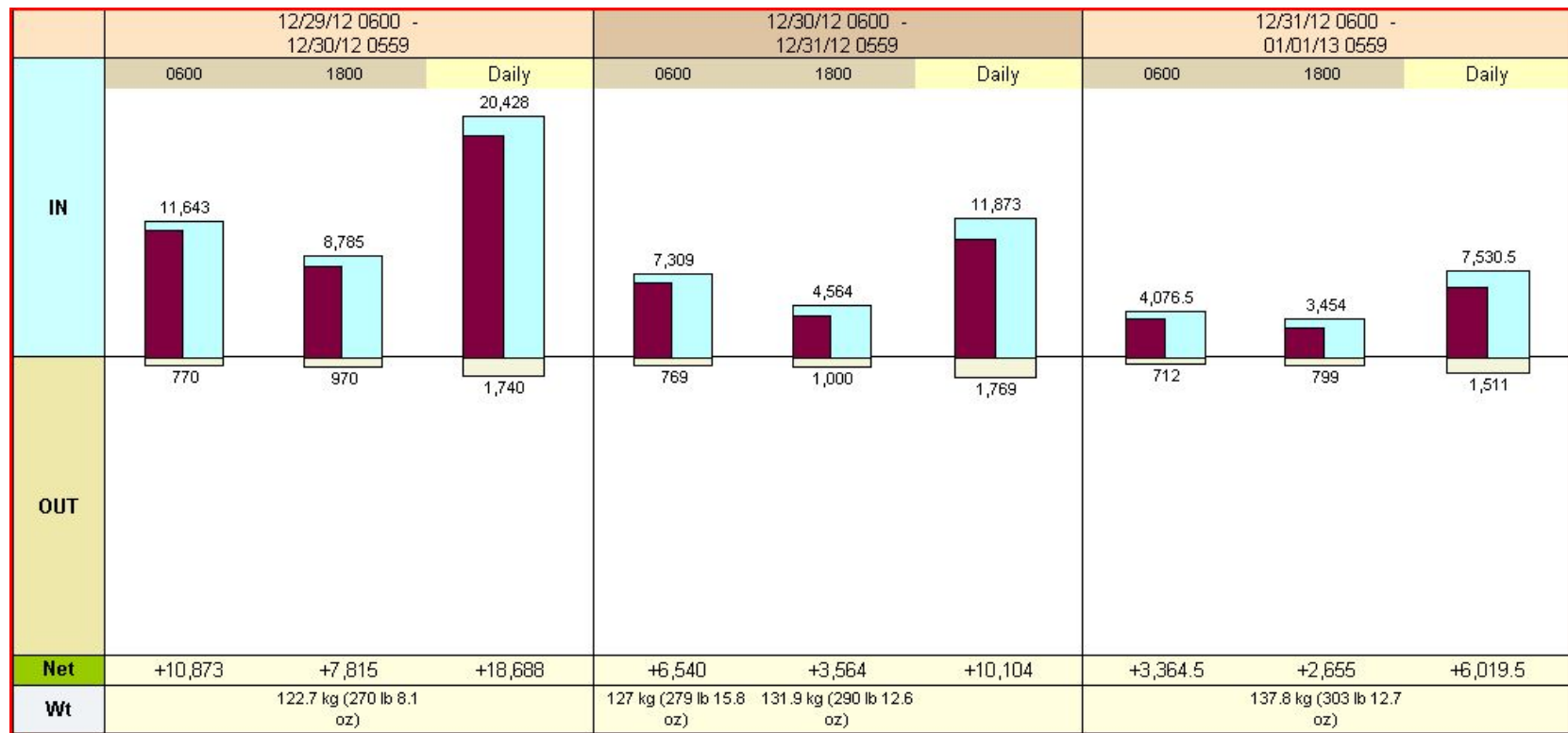
Jan 1



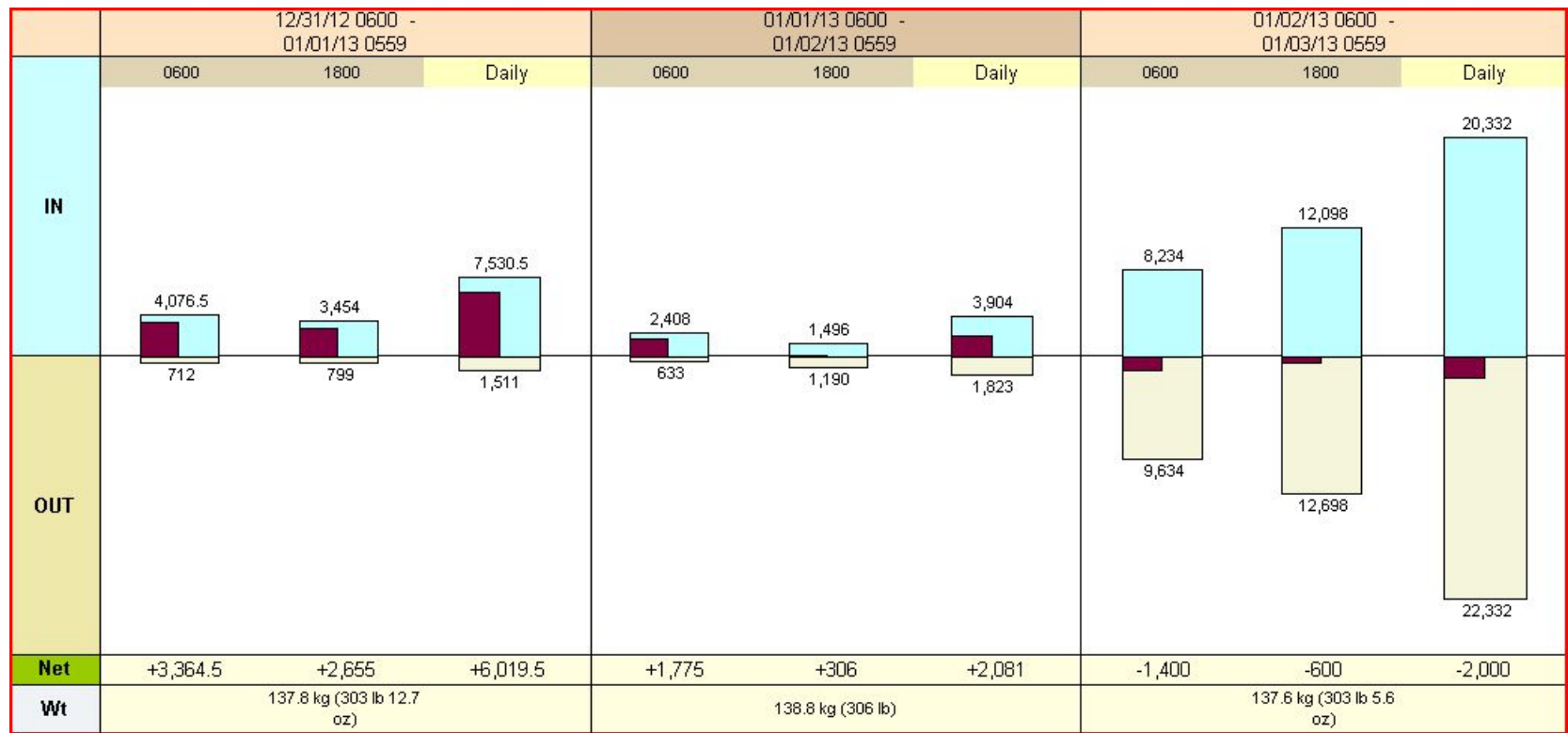
Case Study



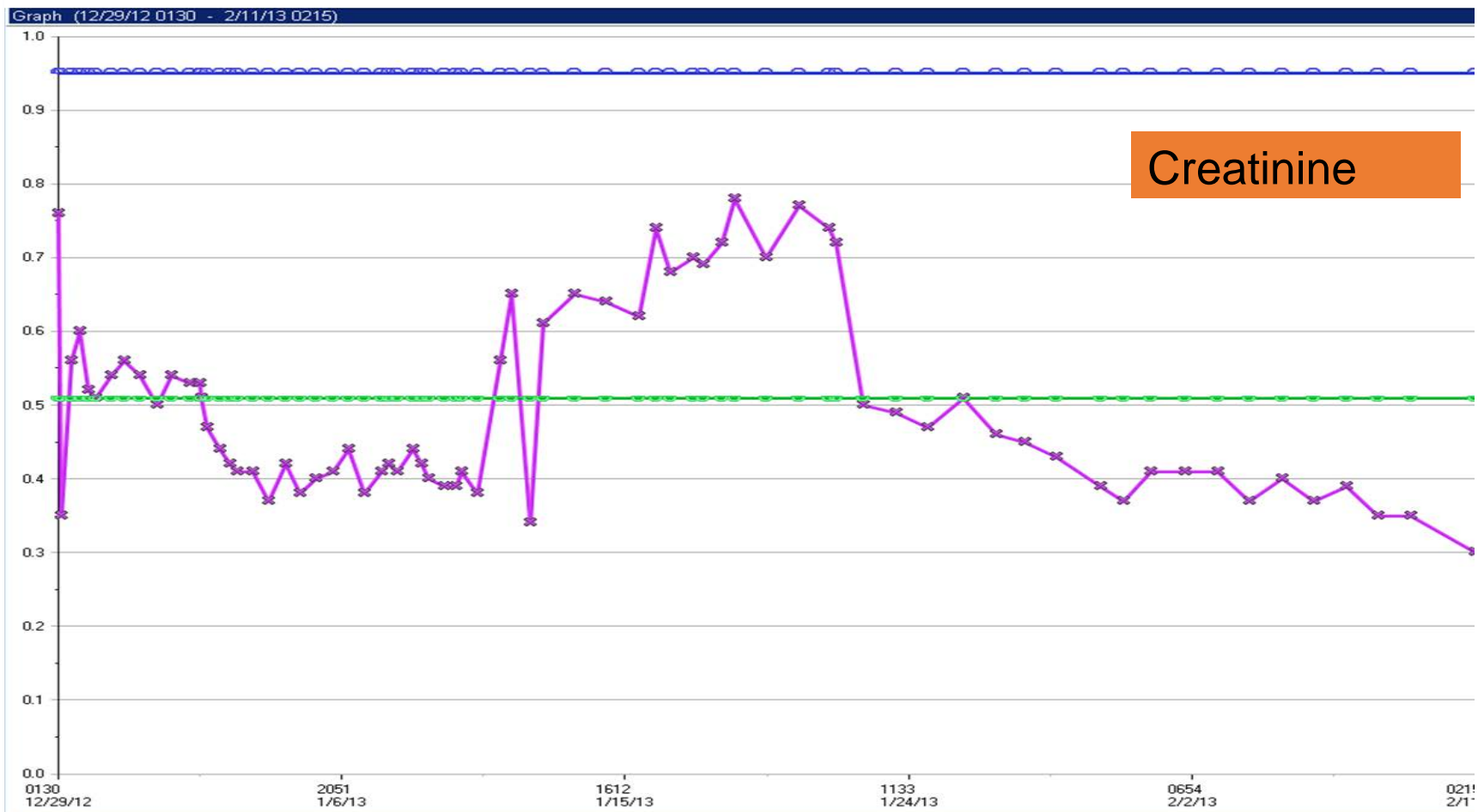
Case Study



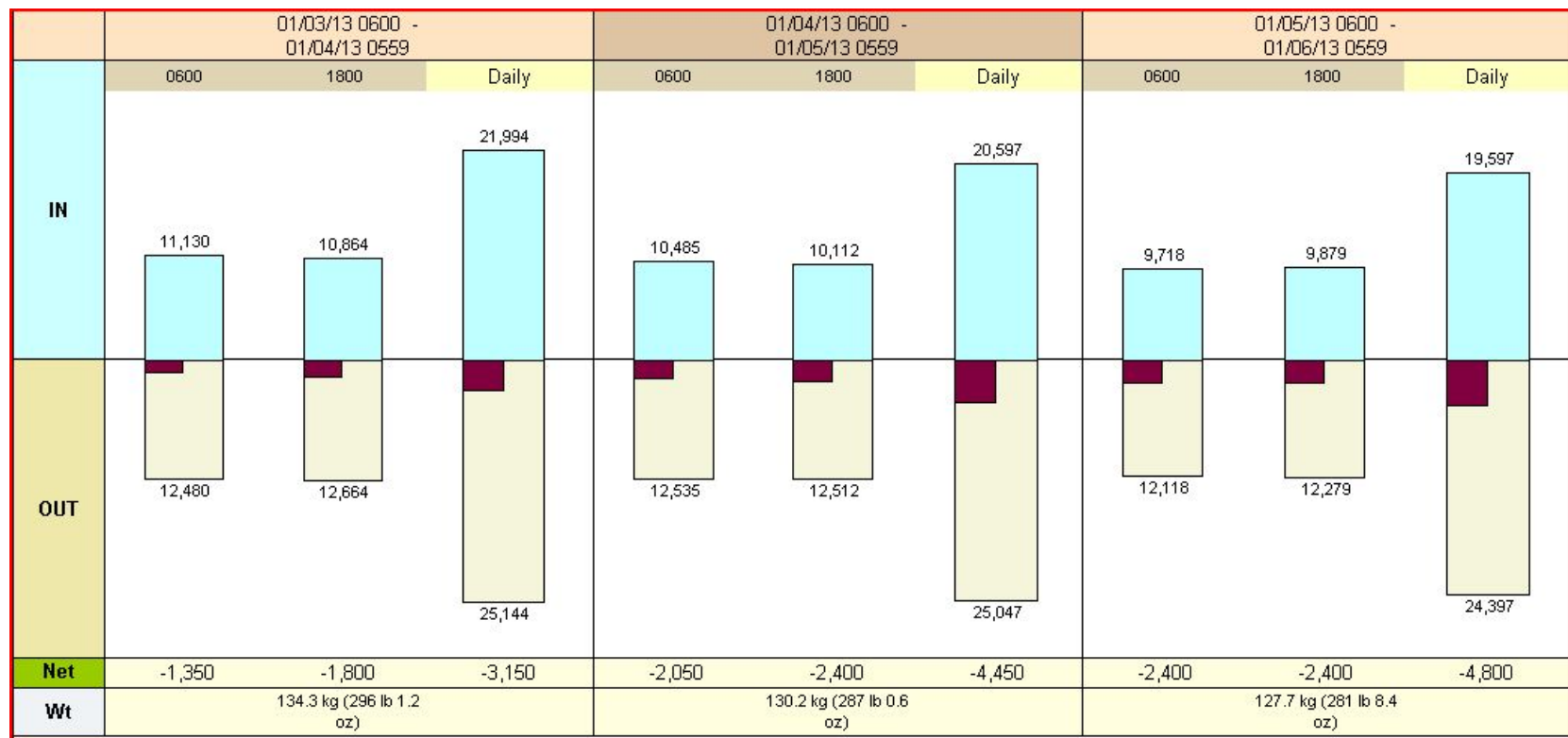
Case Study



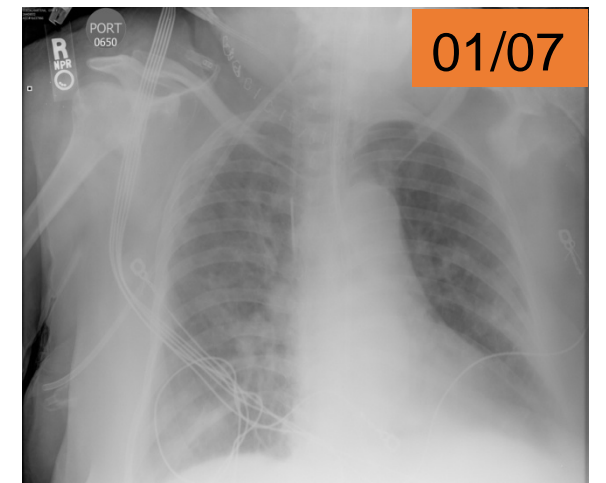
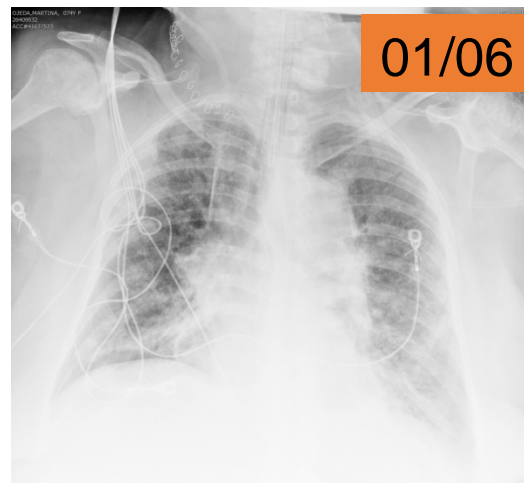
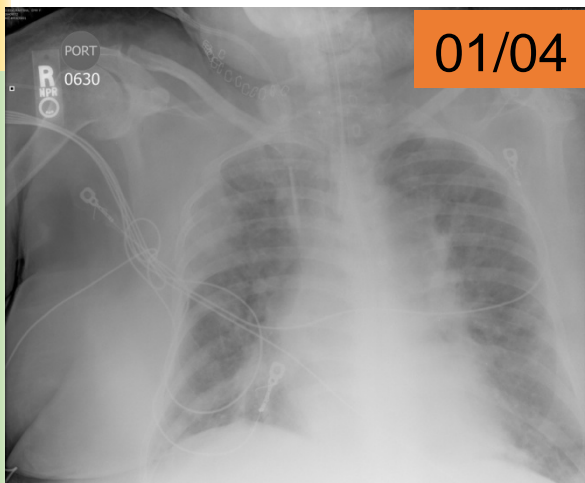
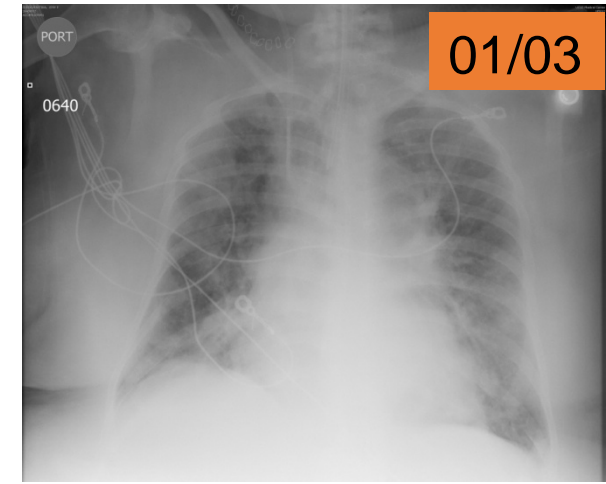
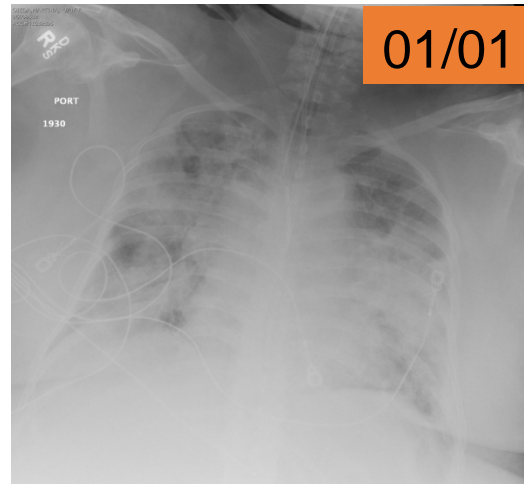
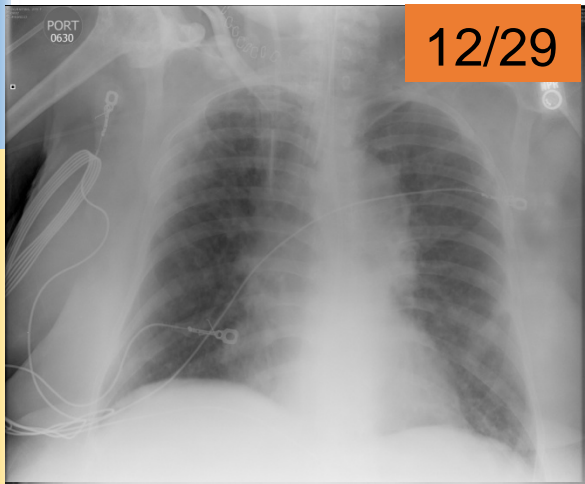
Case Study



Case Study



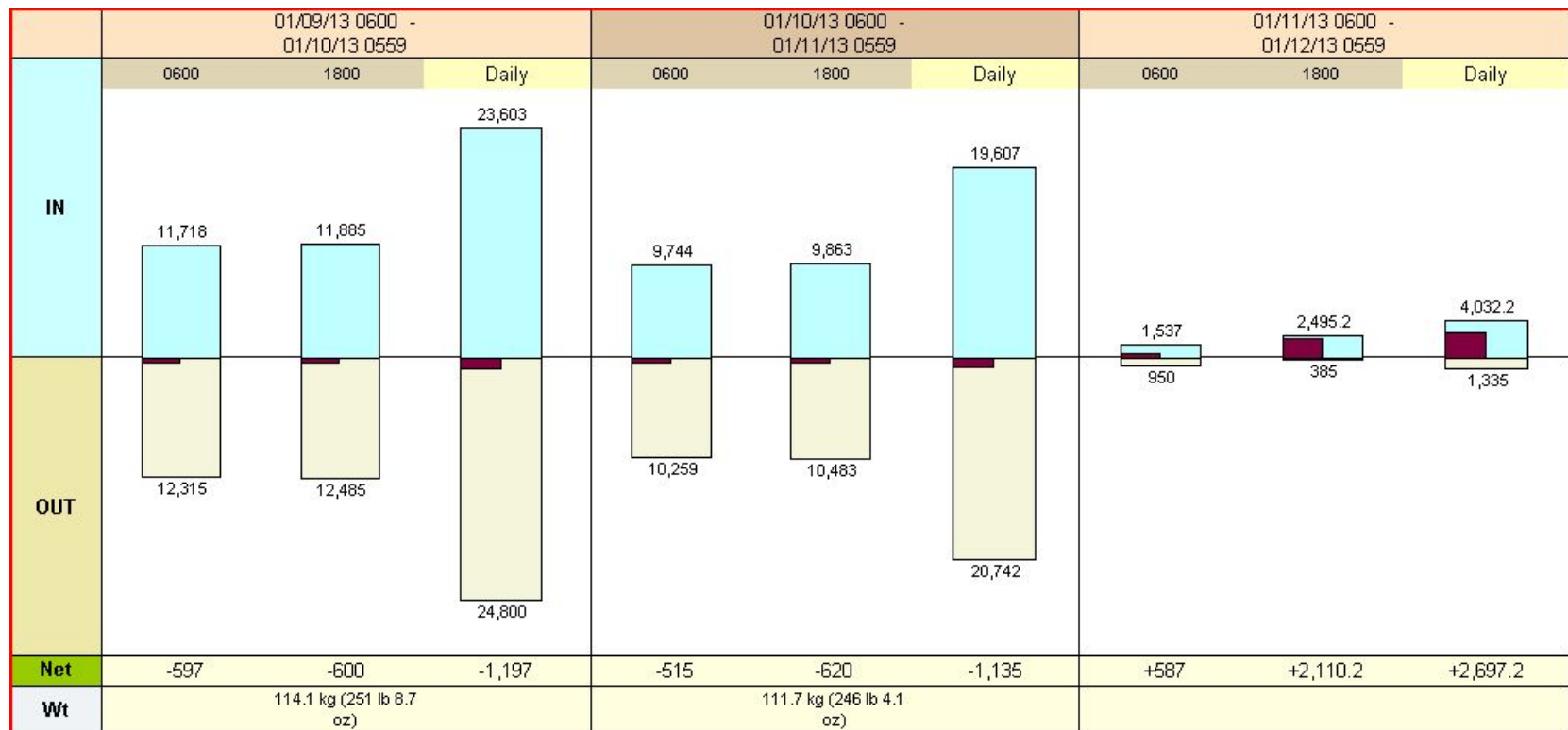
Case Study



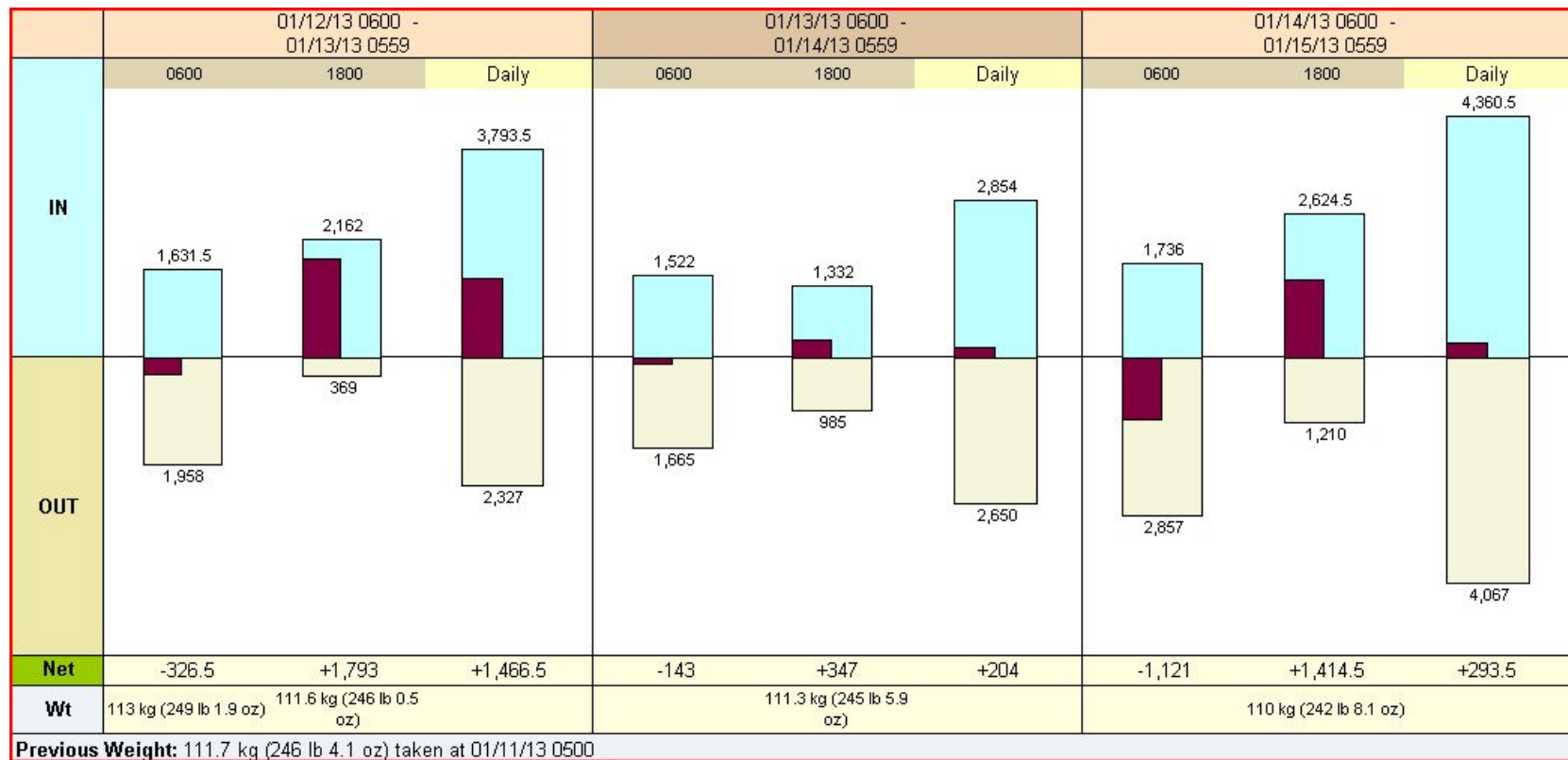
Case Study

	01/07/13 0600 - 01/08/13 0559			01/08/13 0600 - 01/09/13 0559			01/09/13 0600 - 01/10/13 0559		
	0600	1800	Daily	0600	1800	Daily	0600	1800	Daily
IN	11,313	12,235	23,548	11,497	11,607	23,104	11,718	11,885	23,603
OUT	12,163	12,235	24,398	11,997	12,207	24,204	12,315	12,485	24,800
Net	-850	0	-850	-500	-600	-1,100	-597	-600	-1,197
Wt	116.8 kg (257 lb 8 oz)	117.2 kg (258 lb 6.1 oz)		116.5 kg (256 lb 13.4 oz)			114.1 kg (251 lb 8.7 oz)		

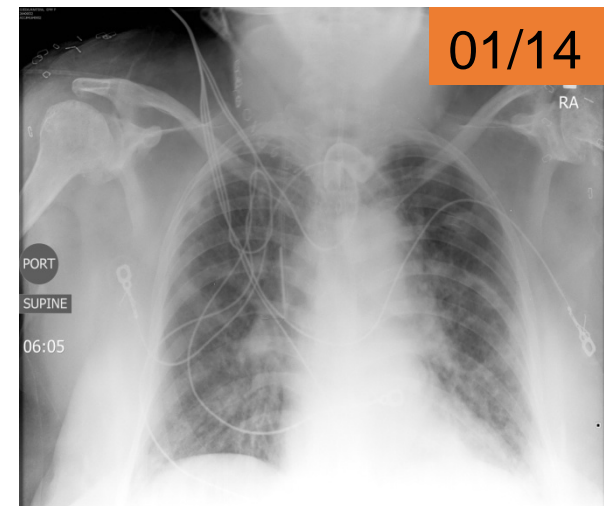
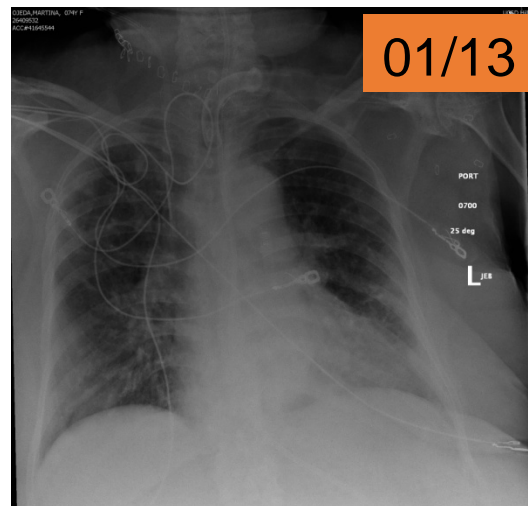
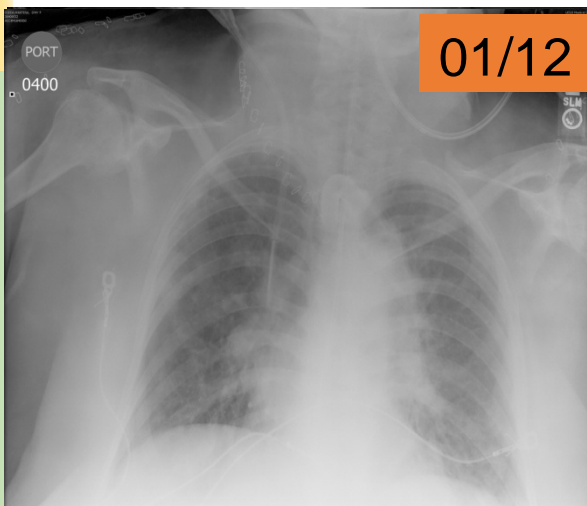
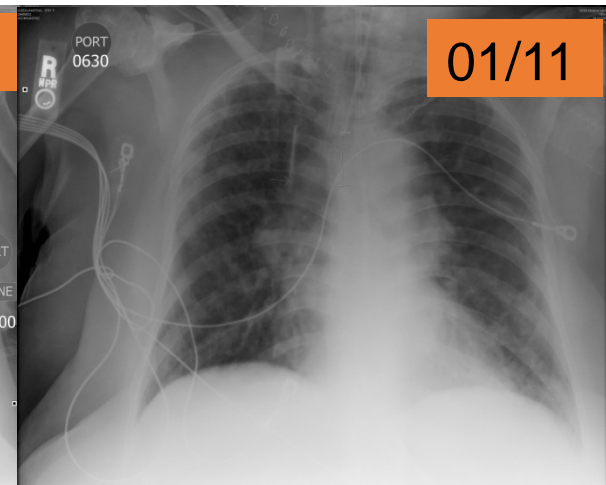
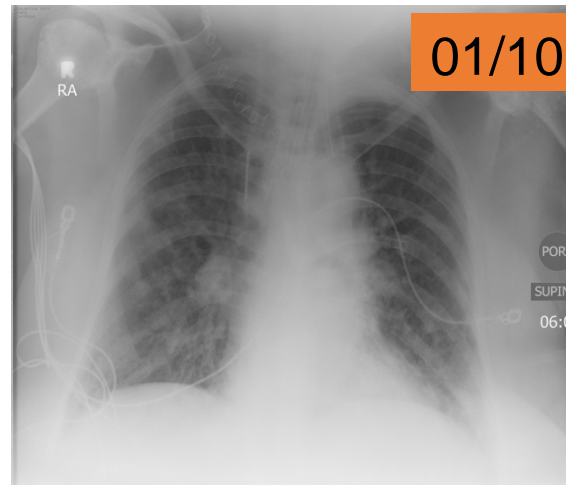
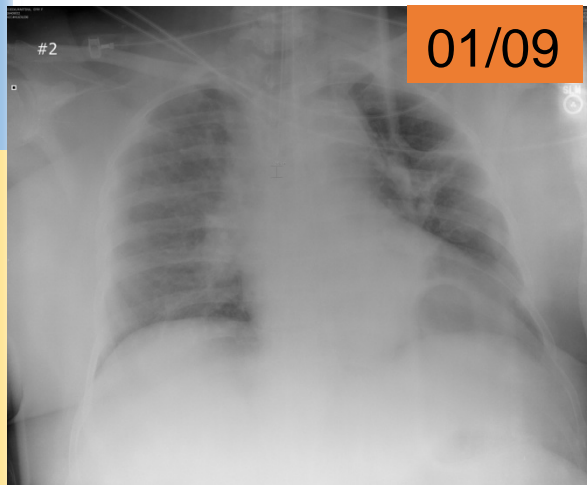
Case Study



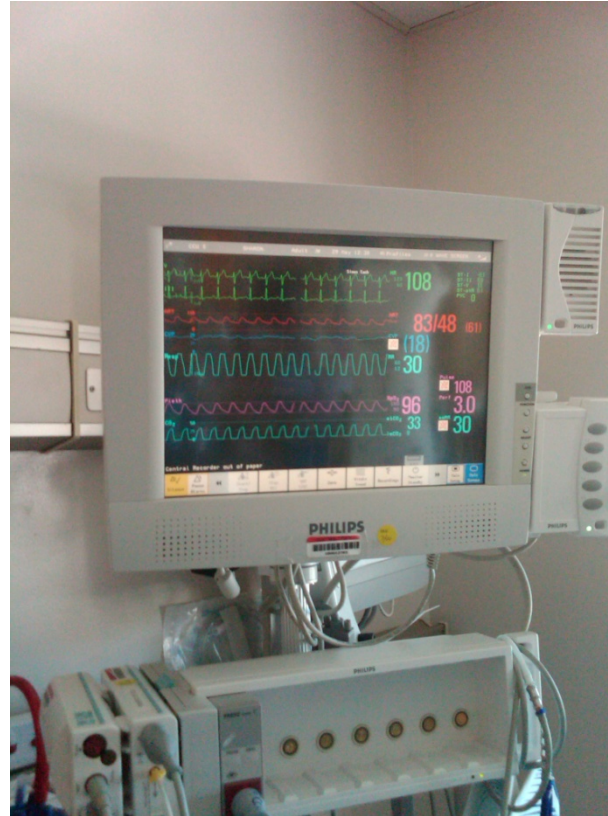
Case Study



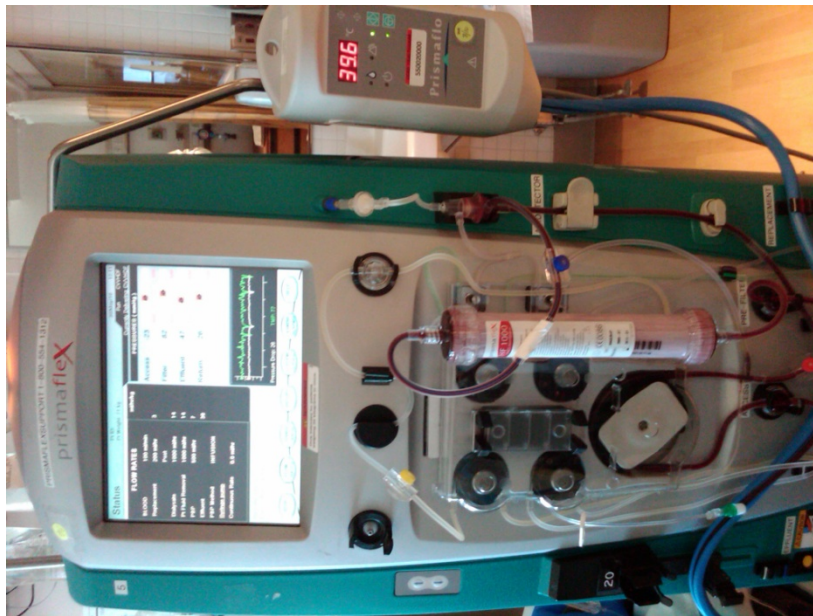
Case Study



SVV to Guide Fluid Management in CRRT



SVV to Guide Fluid Management in CRRT



Fluid Management with CRRT

Summary

- Fluid management is an important and integral part of renal support with dialysis
- Wide variation in current approach to fluid management with dialysis
- CRRT techniques can be adapted to achieve any given fluid balance and tailor the therapy to patient needs dynamically